

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

MARCH


<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Catholic Service/Hymn 12:45 Behind the Story 1:30 Rosary 2:30 Tea Time 3:30 Craft: Wreath 5:45 Prize Bingo 6:45 Sunday Cinema 	<ul style="list-style-type: none"> 10:00 Walking Group 10:00 Laughing Yoga 10:45 What's in a Word 12:45 Armchair Travel 1:30 Scenic Ride** 2:30 Refresh & Reminisce 3:30 Table Top Basket Ball 5:45 Chair Dancing 6:30 Trivia Share & Learn 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Ring Toss 11:00 Piano Music 11:15 Exercise w/ Jill 12:45 Armchair Travel 1:30 Craft: Flower Pots 2:30 Hydrate & Harmonies 3:30 Giant Jenga 5:30 Spin & Share 6:30 Music w/ Mood Swings 	<p>ASH WEDNESDAY</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Kitchen Creations 2:30 Music & Memories 3:30 Seasonal Bingo 5:45 Spin to Reminisce 6:30 Music Request Live 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Word Games 11:00 Exercise w/ Jill 12:45 Armchair Travel 1:30 Rosary & Prayer 1:30 Painting Class 2:30 Snacks & Social 3:30 Pub w/ Bob Trembley 5:45 Table Top Bowling 6:30 Poetry & Prose 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Hangman 12:45 Armchair Travel 1:30 Aroma/Sensory Therapy 1:30 Kitchen Creations 2:30 Drinks & Discuss 3:30 Bowling w/ Seasons 5:45 Evening Stretch 6:30 Sing-Along 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Back in the Day 12:45 Mani-Cares 1:30 Prize Bingo 2:30 Sip & Share 3:30 Pub w/ Bill Reidi 5:45 Word Game 6:45 Saturday Night Movie
<p>DAYLIGHT SAVINGS</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Catholic Service/Hymn 12:45 Behind the Story 1:30 Rosary 2:30 Tea Time 3:30 Craft: Flower pots 5:45 Prize Bingo 6:45 Sunday Cinema 	<p>ONSITE HEARING</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Scenic Ride** 2:30 Refresh & Reminisce 3:30 Table Top Basket Ball 5:45 Chair Dancing 6:30 Trivia Share & Learn 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Ring Toss 11:00 Piano Music 11:15 Exercise w/ Jill 12:45 Armchair Travel 1:30 Craft: Shamrock pins 2:30 Hydrate & Harmonies 3:30 Pub w/ Ken Lass 5:30 Spin & Share 6:15 Musical Poetry 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Kitchen Creations 1:30 Bible Study w/ Pastor 2:30 Music & Memories 3:30 Seasonal Bingo 5:45 Spin to Reminisce 6:30 Music Request Live 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Word Games 11:00 Exercise w/ Jill 12:45 Armchair Travel 1:30 Rosary & Prayer 2:30 Snacks & Social 3:30 Pub w/ Joe Max Sax 5:45 Table Top Bowling 6:30 Poetry & Prose 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Hangman 12:45 Armchair Travel 1:30 Aroma/Sensory Therapy 1:30 Kitchen Creations 2:30 Drinks & Discuss 3:30 Bowling w/ Seasons 5:45 Evening Stretch 6:30 Sing-Along 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Back in the Day 12:45 Mani-Cares 1:30 Prize Bingo 2:30 Sip & Share 3:30 Pub w/ Darlene Andrade 5:45 Word Game 6:45 Saturday Night Movie
<p>ST. PATRICK'S DAY</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Catholic Service/Hymn 12:45 Behind the Story 1:30 Rosary 2:30 Tea Time 3:30 Craft: Pot of gold 5:45 Prize Bingo 6:45 Sunday Cinema 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Scenic Ride** 2:30 Refresh & Reminisce 3:30 Table Top Basket Ball 5:45 Chair Dancing 6:30 Trivia Share & Learn 	<p>ST. JOSEPH'S DAY</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Ring Toss 11:00 Piano Music 11:15 Exercise w/ Jill 12:45 Armchair Travel 1:30 Craft: Seed Starting 2:30 Hydrate & Harmonies 3:30 Giant Jenga 5:00 Family Night Dinner 	<p>WELCOME SPRING</p> <ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Kitchen Creations 2:30 Music & Memories 3:30 Seasonal Bingo 5:45 Spin to Reminisce 6:30 Music Request Live 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Word Games 11:00 Exercise w/ Jill 12:45 Armchair Travel 1:30 Rosary & Prayer 1:30 Painting Class 2:00 Swingers Choir 3:15 Fact or Fiction 5:45 Table Top Bowling 6:30 Poetry & Prose 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Hangman 12:45 Armchair Travel 1:30 Aroma/Sensory Therapy 1:30 Kitchen Creations 2:30 Drinks & Discuss 3:30 Bowling w/ Seasons 5:45 Evening Stretch 6:30 Sing-Along 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Back in the Day 12:45 Mani-Cares 1:30 Prize Bingo 2:30 Sip & Share 3:30 Pub w/ Shane Boyer 5:45 Word Game 6:45 Saturday Night Movie
<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Catholic Service/Hymn 12:45 Behind the Story 1:30 Rosary 2:30 Tea Time 3:30 Craft: Easter Baskets 5:45 Prize Bingo 6:45 Sunday Cinema 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 What's in a Word 12:45 Armchair Travel 1:30 Scenic Ride** 2:30 Refresh & Reminisce 3:30 Table Top Basket Ball 5:45 Chair Dancing 6:30 Trivia Share & Learn 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Ring Toss 11:00 Piano Music 11:15 Exercise w/ Jill 12:45 Armchair Travel 1:30 Craft: Easter Baskets 2:30 Hydrate & Harmonies 3:30 Pub w/ Don & Dave 5:30 Spin & Share 6:15 Musical Poetry 	<ul style="list-style-type: none"> 10:00 Walking Group 10:30 Tap'n Time 12:45 Armchair Travel 1:30 Kitchen Creations 1:30 Bible Study w/ Pastor 2:30 Music & Memories 3:30 Seasonal Bingo 5:45 Spin to Reminisce 6:30 Music Request Live 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Word Games 11:00 Exercise w/ Jill 11:30 B-day Bash w/ Steve L 12:45 Armchair Travel 1:30 Rosary & Prayer 2:30 Snacks & Social 3:30 Sing-Along 5:45 Table Top Bowling 6:30 Poetry & Prose 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Hangman 12:45 Armchair Travel 1:30 Aroma/Sensory Therapy 1:30 Kitchen Creations 2:30 Drinks & Discuss 3:30 Bowling w/ Seasons 5:45 Evening Stretch 6:30 Sing-Along 	<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Back in the Day 12:45 Mani-Cares 1:30 Prize Bingo 2:30 Sip & Share 3:30 Virtual concert 5:45 Word Game 6:45 Saturday Night Movie

<ul style="list-style-type: none"> 10:00 Walking Group 10:15 Exercise 10:45 Catholic Service/Hymn 12:45 Behind the Story 1:30 Rosary 2:30 Tea Time 3:30 Craft: Complete a Craft 5:45 Prize Bingo 6:45 Sunday Cinema
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Daily Activities:
 8:30am Daily Chronicles
 9:30am Morning Preview
 Tue 26th 2:15 Cooking Demo
 Wed 27th Lunch outing *
 Long Horn's Steakhouse



GRANDVIEW GARDENS



Activities are subject to change

*Weather Permitting

Onsite Hearing: Monday 11th

Salon Days: Hair/Nails: Tuesdays

Daily Key

■ Cognitive
■ Social
■ Musical
■ Life Long Learning
■ Reminisce
■ Health & Fitness
■ Inspirational/Spiritual