

March 13, 2020

Dear Residents, Families and Visitors,

As you are aware, the CDC and RI Department of Health continues to provide updates regarding the status and management of COVID-19 (coronavirus). The Seasons continues to modify our infectious disease management protocols per the recommendations and requirements of the RI Department of Health. As of today, we are implementing the following precautions and protocols in an effort to protect our residents and staff.

- 1. At this time, we are initiating Level 3 precautions restricting all visitors, except those essential to resident care.
- 2. Health care workers and staff will be screened prior to entering the building.
- 3. This protocol will be re-evaluated as necessary in light of continuing developments and as indicated by the RI Department of Health.
- 4. We are asking that all non-essential medical appointments be rescheduled at this time.
- 5. The Department of Health is advising all individuals over 60 years of age to avoid crowds of over 10 people, to stay home, and avoid travel.
- 6. The Seasons is adjusting activities at this time. We will not be utilizing the services of outside vendors until further notice.

The Seasons continues to ask that you assist in helping to prevent the spread of viruses by the following steps:

- 1. Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer if soap and water is not available.
- 2. Avoid touching your eyes, nose and mouth.
- 3. Avoid sharing cups or eating utensils, kissing, or hugging people who are sick or have cold like symptoms.
- 4. Cover your mouth and nose when coughing or sneezing with a tissue or into the inside of your elbow, and wash hands after.
- 5. If you have a fever, flu like symptoms or have been in contact with someone who has flu like symptoms, we ask that you please stay in your apartment or at home until you are no longer symptomatic.

The health and well-being of our residents, staff and visitors remains of the highest priority at the Seasons. We will continue to keep you updated with any additional information as appropriate. You may also check the Seasons website for updates.

Should you have any questions regarding The Seasons protocols for visiting at the Residence, please do not hesitate to contact us at The Seasons.

Thank you for your assistance and understanding,

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Wellness Director