



Hello All,

We hope this finds you well. Thank you all for the kind comments, the staff truly appreciates your encouragement! We continue to be vigilant and follow guidelines that have been put into place and are following the recommendations and guidance provided by The RI Department of Health. All in all it has been a very good week.

Please help us maintain a healthy community, if you want to see your family member by visiting by the window it is **imperative that the windows remain closed!**

\*As you may be aware, The Residents have been able to get out of their apartments to stretch and get some much needed fresh air while wearing masks and maintaining a safe social distance.

\*The Nursing department has been working with physicians and have facilitated some telehealth sessions when needed. . Our nurses suggest that you send some sunscreen and bug spray to keep residents safe while enjoying the outdoor spaces around the community

\*Our activities department has implemented a daily doorway exercise program and participation has been wonderful! The traveling pub is also a big success. Many families have enjoyed a zoom session with their loved ones, it has been nice to see families reconnect virtually. If you have not scheduled a session and would like to, please contact Judi. [JLutz@theseasons.org](mailto:JLutz@theseasons.org).

\*The Culinary team continues to impress with innovative ideas. Recipe cards are going out with meals this week in the hopes that residents will share some family favorites! We are looking forward to reopening dining with modifications in the near future. Please see the attached presentation that has been shared with the Residents!

\*Our Grandview Gardens Residents continue to enjoy a modified yet full activity schedule. The staff is working hard to keep the residents in this community appropriately distanced while maintaining as much normalcy as possible for this population. Social distance dining has been instituted in GVG and is going well.



\*Please continue to use the guidelines set for dropping off items to your family members (Tuesday, Thursday and Saturday 10-3) some ideas for items to bring are, bug spray, sunscreen (to enjoy the outdoors) a tablet such as an Ipad or kindle fire, zoom , music, books and more can be loaded to these devices, many of the Residents are enjoying them.

\*Many of you recently updated health care cards for your family member, Thank You! If you have not sent new insurance cards, copies of Power of Attorney/ Durable POA copies or any changes to Advanced Directives it is a great time to do so. If you have access to a scanner you can scan items and send to Lisa or Connie via email at [Ltoth@theseasons.org](mailto:Ltoth@theseasons.org) or [CLegacy@theseasons.org](mailto:CLegacy@theseasons.org) or send paper copies attention Lisa Toth or Connie Legacy.

Stay Safe and Healthy!!