



Hello All,

We hope this finds you all well. We are happy to report another healthy week! As always, we continue to be vigilant and follow guidelines that have been put into place and are following the recommendations and guidance provided by The RI Department of Health. We have not yet received a date for community wide covid 19 testing, we are hopeful to have a date very soon.

With the weather improving, Residents are enjoying more time outside. Please drop off **sunblock (spray is best) and bug repellent** to help make outdoor activities enjoyable for your loved ones. While vitamin D from the sun is good for the immune system, a sunburn is not pleasant. Hydration is also very important with warmer weather approaching, consider bringing a **supply of favorite beverages** to keep on hand. With the change of season we will have fluxes of temperatures outside and inside. If your family member is warm please **provide a small window fan** to help keep them comfortable while we transition from heating to cooling in the building.

We will continue to have the visitor restrictions currently in place for a while longer. We are encouraged by the progress being made in RI and are looking forward to seeing you all again in person soon.

*Visitors- Please continue to visit at a distance. Visits can happen with your loved from the second floor balcony with family and friends in the parking area. We know you want to be closer, if everyone respects the rules and we will get there sooner than later. We are working with the Health Department for guidelines going forward.



*ZOOM CALLS- We are continuing to schedule calls via Zoom. This is a fun way to see your loved ones and for them to feel part of what is going on with their family. Please contact Judi via email (jlutz@theseasons.org) to set up a zoom call.

*Activities continue to grow with doorway bingo and crafts as well as daily exercise. We continue to find amazing talent in our staff. Hallway concerts have been added to the schedule featuring the vocal and piano talents of current staff members in both Traditional and GVG communities. Rolling pub on the traditional side continues to be a hit!

*Culinary- Our culinary staff continues to work hard to bring variety to our Residents while in apartment dining continues. This past week a dining passport was introduced. Dishes from the 50 states are prepared with information about its origin accompanying the meal. Each resident can have their passport stamped when they try the special dish. Please see the attached powerpoint that all residents received in printed form.

*Administrative- We are currently updating insurance information for all Residents, please provide up to date **Medicare numbers and social security information.**

We appreciate that people are following guidelines for dropping off items for family and friends. Thank you for your continued support. As always if you have questions please call us, we are always happy to hear from you.

We wish you a happy, healthy and safe Memorial Day weekend.