

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October

## Grandview Gardens

# 2021

<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:15 Sunday Sing-Along 10:45 Church/Communion 1:30 Sunday Matinee 3:30 Table Top Shuffle Board 5:15 Seated Yoga/Meditation 5:45 Animal Docuseries</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 What's in a Word 11:00 Table Top Bowling 1:45 Craft: Pumpkin Floral 2:15 Music &amp; Munchies 3:30 Balloon Bash 5:15 Seated Yoga/Meditation 5:45 Great British Baking...</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 Scattergories 11:00 Roll/Action/Answer 1:45 Nail Care &amp; Chat 2:15 Bingo &amp; Mocktails 3:45 Rosary 5:15 Seated Yoga/Meditation 5:45 The Good Witch (NF)</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 Bull'e Eye 11:00 Virtual Concert 1:45 Bean Bag Toss 2:30 Kitchen Creations 3:15 Chair Dancing 3:45 Mystery Word 5:15 Seated Yoga/Meditation 5:45 Mid-Week Movie</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 Word Association 11:00 Scenic Ride/ Reminisce 1:45 Eldersong Karaoke 2:15 Bingo &amp; Mocktails 3:45 High Rollers 5:15 Seated Yoga/Meditation 5:45 Virtual Concert</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 Word Building 11:00 Table Top Bowling 1:30 Helping Hands 2:30 Name that Tune 3:45 Table Top Bowling 5:15 Seated Yoga/Meditation 5:45 TGIF Un"Wine"</p>	<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:30 Virtual Travel Experience 11:30 Table Pong 1:30 Virtual Concert 2:30 Bingo &amp; Mocktails 3:45 Table Top Shuffleboard 5:15 Seated Yoga/Meditation 5:45 Saturday Cinema</p>
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<p>9:30 Chronicle/Horoscopes 10:00 Exercise Group 10:15 Sunday Sing-Along 10:45 Church/Communion 1:30 Sunday Matinee 3:30 Trick-or-Treat Roll 5:15 Seated Yoga/Meditation 5:45 Animal Docuseries</p>	<p><b>Daily Key</b>  <span style="color: #FF00FF;">■</span> Cognitive  <span style="color: #FF0000;">■</span> Musical  <span style="color: #00FF00;">■</span> Life Long Learning  <span style="color: #0000FF;">■</span> Reminisce  <span style="color: #FFA500;">■</span> Health &amp; Fitness  <span style="color: #800080;">■</span> Inspirational/Emotional  <span style="color: #0000FF;">■</span> Social</p>					<p>10/30 3:00pm Costume Parade Viewing</p>

Please refer to Daily Schedule for any changes/updates

Breakfast 8:30-9:30; Lunch 12:00-1:00; Supper 4:30-5:30

Mystery Rides scheduled pending weather/interest