


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>DAILY PROGRAMING*</p> <ul style="list-style-type: none"> 9:45 Chronicle/Horoscopes 1:00 Trivia/History 1:30 Afternoon Stretch 5:30 Mindful Unwind 6:00 Movie/Series <p>*Unless otherwise listed</p>	<p>7 ASPECTS OF LIVING</p> <ul style="list-style-type: none"> Cognitive Musical Life Enrichment Reminisce Health & Fitness Inspirational/Emotional Social 	<p>1</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Roll/Action/Answer Bingo 2:00 Musical Mystery Word 2:30 Tea Party 3:15 Balloon Bash 4:00 Rosary Color & Reminisce 	<p>2</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Skee Ball 2:00 Tap'n Time w/ Belle 2:30 Snacks & Social 3:15 Where's the Beer Pong 4:00 What am I? 	<p>3</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Darts 2:00 Ring Toss 2:30 Happy Hour 3:15 Table Top Shuffleboard 4:00 Good News in World 	<p>4</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:45 Scenic Ride Word Games 2:00 Parachute 2:30 Refresh & Reminisce 3:15 Table Top Bowling 4:00 Did You Know 	<p>5</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 High Rollers 2:00 Bean Bag Toss 2:30 Memories & Munchies 3:15 Musical Beach Ball 4:00 Finish the Line
<p>Daylight Savings 6</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 OLM Holy Communion 11:00 Virtual Mass 11:40 Brain Games 2:00 Word Games 3:00 Music & Memories 3:30 Pumpkin Toss 4:00 Sing Along 	<p>7</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Ring Toss 2:00 Mini-Knock 'em Down 2:30 3:15 Beach Ball Pass 4:00 Jokes & Riddles 	<p>8</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Roll/Action/Answer Bingo 2:00 Musical Mystery Word 2:30 Tea Party 3:15 Balloon Bash 4:00 Rosary Color & Reminisce 	<p>9</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Skee Ball 2:00 Name that Tune Crafting for a Cause 2:30 Snacks & Social 3:15 Where's the Beer Pong 4:00 What am I? 	<p>10</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Darts 2:00 Ring Toss 2:30 Happy Hour 3:15 Table Top Shuffleboard 4:00 Good News in World 	<p>VETERAN'S DAY 11</p> <ul style="list-style-type: none"> 10:15 Exercise Group 11:00 Virtual History 11:40 Brain Games 2:00 Holiday Movie 3:15 Table Top Bowling 4:00 Patriotic Sing Along 	<p>12</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:00 Virtual Travel 11:45 High Rollers 2:00 Saturday Sitcom 3:15 Bean Bag Toss 4:00 Finish the Line
<p>13</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 OLM Holy Communion 11:00 Virtual Mass 11:40 Brain Games 2:00 Sunday Matinee 3:00 Helping Hands 3:30 Pumpkin Toss 4:00 Sing Along 	<p>14</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Ring Toss 2:00 Mini-Knock 'em Down 2:30 Music & Munchies 3:15 Beach Ball Pass 4:00 Jokes & Riddles 	<p>15</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Roll/Action/Answer Bingo 2:00 Musical Mystery Word 2:30 Tea Party 3:15 Balloon Bash 4:00 Rosary Color & Reminisce 	<p>16</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Skee Ball 2:00 Name that Tune Crafting for a Cause 2:30 Snacks & Social 3:15 Where's the Beer Pong 4:00 What am I? 	<p>17</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Darts 2:00 Ring Toss 2:30 Happy Hour 3:15 Table Top Shuffleboard 4:00 Good News in World 	<p>18</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:45 Scenic Ride Word Games 2:00 Parachute 2:30 Refresh & Reminisce 3:15 Table Top Bowling 4:00 Did You Know 	<p>19</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 High Rollers 2:00 Bean Bag Toss 2:30 Memories & Munchies 3:15 Musical Beach Ball 4:00 Finish the Line
<p>20</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 OLM Holy Communion 11:00 Virtual Mass 11:40 Brain Games 2:00 Word Games 3:00 Music & Memories 3:30 Pumpkin Toss 4:00 Sing Along 	<p>21</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Ring Toss 2:00 Mini-Knock 'em Down 2:30 Music & Munchies 3:15 Beach Ball Pass 4:00 Jokes & Riddles 	<p>22</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:00 Concert w/ Mike C. 2:00 Musical Mystery Word 2:30 Tea Party 3:15 Balloon Bash 4:00 Rosary Color & Reminisce 	<p>23</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Skee Ball 2:00 Name that Tune Crafting for a Cause 2:30 Snacks & Social 3:15 Where's the Beer Pong 4:00 What am I? 	<p>THANKSGIVING 24</p> <p>SEE DAILY FOR ACTIVITIES</p>	<p>25</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:45 Scenic Ride Word Games 2:00 Parachute 2:30 Refresh & Reminisce 3:15 Table Top Bowling 4:00 Did You Know 	<p>26</p> <ul style="list-style-type: none"> 10:45 Exercise Group 11:00 Virtual Travel 11:45 High Rollers 2:00 Saturday Sitcom 3:15 Bean Bag Toss 4:00 Finish the Line
<p>27</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 OLM Holy Communion 11:00 Virtual Mass 11:40 Brain Games 2:00 Sunday Matinee 3:00 Helping Hands 3:30 Pumpkin Toss 4:00 Sing Along 	<p>28</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Ring Toss 2:00 Mini-Knock 'em Down 2:30 Music & Munchies 3:15 Beach Ball Pass 4:00 Jokes & Riddles 	<p>29</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Roll/Action/Answer Bingo 2:00 Musical Mystery Word 2:30 Tea Party 3:15 Balloon Bash 4:00 Rosary Color & Reminisce 	<p>30</p> <ul style="list-style-type: none"> 10:15 Exercise Group 10:40 Brain Games & Refresh 11:15 Skee Ball 2:00 Name that Tune Crafting for a Cause 2:30 Snacks & Social 3:15 Where's the Beer Pong 4:00 What am I? 	<div style="text-align: center;">  <h1 style="font-size: 2em; margin: 0;">November</h1> <h2 style="font-size: 1.5em; margin: 0;">Grandview Gardens 2022</h2> </div>		

Subject to change: Daily Schedules Made Available & Displayed in Community

All outings are weather permitting

MEAL TIMES: 8:00-9:30a; 12:00-1:00p; 4:30-5:30p, snack approx. 2:30p