

February 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SUPERBOWL SUNDAY 12	13	VALENTINE'S DAY 14	15	16	17	18
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>2:30 Scrabble</p> <p>3:30 LRC w/ Quarters</p> <p>6:00 Super Bowl Sunday Party</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>12:30/1:00 Movie Outing: 80 for Brady</p> <p>4:00 Happy Hour</p> <p>6:15 Hi-Lo Jack</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:45 Valentine's Day Vow Renewal</p> <p>2:15 Reception & Cocktail Hour w/ Trivia Games</p> <p>6:00 Bonus Bingo</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:00 Town Hall Meeting/ Menu chat</p> <p>4:00 Happy Hour</p> <p>6:15 Mid-Week Movie (HM) Casablanca (1942 1:42)</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Nail Care</p> <p>2:45 Darts</p> <p>3:45 Name the Tune (Word game style)</p> <p>6:15 Docuseries (NF) Explained (2018-2021) (S1: E9-12 1:10)</p>	<p>9:45 Errand Run: CVS</p> <p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Shopping Trip: Christmas Tree Shoppe</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: Christmas Tree Shoppe</p> <p>4:00 Pub & Trivia Games</p>	<p>10:00 Walking Club</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) "Mary Tyler Moore Show"</p> <p>2:15 Indoor Bocci Ball</p> <p>2:00 Bridge Club</p> <p>3:30 Music w/ Kalifornia Karl</p> <p>6:15 Saturday Cinema: (NF) Lee Daniels' THE BUTLER (2013 2:12)</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting