

February 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	PRESIDENT DAY 20	MARDI GRAS 21	ASH WEDNESDAY 22	23	24	25
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>2:15 Balloon Bash</p> <p>3:00 Sunday Matinee (NF) Pursuit of HappyNess (2006 1:57 Rated PG-13)</p> <p>6:00 Resident Choice Movie (NF) Airforce One (1997 2:04 Rated-R)</p>	<p>10:00 Walking Club</p> <p>11:15 Exercise Group</p> <p>1:10 Act of Contrition</p> <p>1:30 Catholic Mass w/ Fr. Mahoney</p> <p>3:00 Presidential Movie (DVD) <i>The American President</i> (1995 1:54 PG-13)</p> <p>6:15 Hi-Lo Jack</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Craft w/ Donna: Mardi Gras Bracelets</p> <p>3:00 Mardi Gras Happy Hour</p> <p>3:30 Music w/ Sue McLeod</p> <p>6:00 High Stakes Bingo \$1/card-- 3card max</p>	<p>10:30 Ash Wednesday w/ OLM</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:00 Chaplain Chat w/ Cathy</p> <p>4:00 Happy Hour</p> <p>6:15 Mid-Week Movie (NF) Daddy Daycare (2003 1:32 Rated-PG)</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Nail Care</p> <p>2:45 Sing Along</p> <p>3:45 Darts</p> <p>6:15 Docuseries (NF) Secrets of Great British Castles (S1:2 Tower of London)</p>	<p>9:45 Errand Run: Bank/Post Office</p> <p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Shopping Trip: Kohls</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: Kohls</p> <p>4:00 Happy Hour</p> <p>6:15 Historical Drama (NF) The Crown (S4:E8) "48:1"</p>	<p>10:00 Walking Club</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) "Mary Tyler Moore Show"</p> <p>2:15 Indoor Bocci Ball</p> <p>2:00 Bridge Club</p> <p>3:00 Saturday Matinee: (HM) Blast From the Past (1996 1:52 Rated-PG13)</p> <p>6:15 Saturday Cinema: (HM) Driving Miss Daisy (1989 1:38 Rated-PG)</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting

February 2023

March 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 LRC w/ Quarters</p> <p>6:00 Resident Choice Movie (HM) Terms of Endearment (1983 2:11 Rated-PG)</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:15 Nail Care & Exercise Bike Assistance</p> <p>4:00 Happy Hour</p> <p>6:15 Hi-Lo Jack</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Crafting w/ Connie</p> <p>3:00 Fireside Chat (Social group)</p> <p>6:00 High Stakes Bingo \$1/card—3 card max</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:00 Ring Toss</p> <p>4:00 Happy Hour</p> <p>6:15 Mid-Week Movie (HM) Walk the Line (2005 2:15 Rated-PG13)</p>	<p>10:00 Walking Club</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Exercise Bike/ Nail Care</p> <p>3:00 Darts</p> <p>4:00 Name The Song (Word Game style)</p> <p>6:15 Docuseries (NF) Secrets of Great British Castles (S1:E3 Warwick Castle)</p>	<p>9:45 Errand Run: Dollar Tree</p> <p>10:00 Walking Club</p> <p>11:00 Exercise Group</p> <p>1:30 Shopping Trip: Target</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: Target</p> <p>4:00 MUSIC & PUB w/ Janine Andrews</p> <p>6:15 Historical Drama (NF) The Crown (S4:E9) “Avalanche”</p>	<p>10:00 Walking Club</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) “Mary Tyler-Moore Show”</p> <p>2:15 Floor Target Practice</p> <p>2:00 Bridge Club</p> <p>3:00 Saturday Matinee Indiana Jones: Raiders of the Lost Arc (1981 1:55 Rated-PG)</p> <p>6:00 Saturday Cinema: (AP) The King and I (1956 2:13 Rated-G)</p>

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