

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DAILY PROGRAMING*

- 9:45 Chronicle/Horoscopes
- 10:15 AM Exercise
- 10:30 AM Snack/Drinks
- 5:15 Seated Yoga
- 6:00 Movie/Series
- *Unless otherwise listed



2023 GRANDVIEW GARDENS

- 5
- 10:40 Communion w/ OLM
 - 11:00 Virtual Catholic Mass
 - 11:45 Sing Along
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Sunday Matinee
 - 3:15 Musical Beach Ball
 - 4:00 Fun Fact Trivia

- 6
- 10:30 Morning Refreshment
 - 11:15 Balloon Volley
 - 1:00 Roll & Reminisce
 - 1:30 Afternoon Stretch
 - 2:00 Ring Toss
 - 2:30 Music & Munchies
 - 3:15 High-Low Roll
 - 4:00 LOL

- 7
- 10:30 Morning Refreshment
 - 11:15 Nail Care/ Basketball
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Armchair Travel
 - 2:30 Tea Party
 - 3:15 Balloon Tennis
 - 4:00 Rosary
 - Color & Reminisce

- 8
- 10:30 Morning Refreshment
 - 11:15 Making a Band
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Kitchen Club
 - 2:30 Refresh & Reminisce
 - 3:15 Balloon Bash
 - 4:00 Would you Rather...

- 9
- 10:30 Morning Refreshment
 - 11:15 Skee Ball
 - Crafter's Corner
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Shuffleboard
 - 2:30 Ice-Cream Social
 - 3:15 Roll-All-6
 - 4:00 Mystery Song Title

- 10
- PODIATRY VISIT
- 10:30 Scenic Ride
 - 11:00 Target Practice
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Bowling
 - 2:30 Happy Hour
 - 3:15 Beach Ball Pass
 - 4:00 Did You Know

- 11
- 10:30 Morning Refreshment
 - 11:15 High Rollers
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Bean Bag Toss
 - 2:30 Hydrate & Harmonies
 - 3:15 Musical Beach Ball
 - 4:00 Finish the Line

- 12
- DAYLIGHT SAVINGS
- 10:40 Communion w/ OLM
 - 11:00 Virtual Catholic Mass
 - 11:45 Sing Along
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Word Games
 - 2:30 Discussions & Drinks
 - 3:15 Musical Beach Ball
 - 4:00 Fun Fact Trivia

- 13
- 10:30 Morning Refreshment
 - 11:15 Balloon Volley
 - 1:00 Roll & Reminisce
 - 1:30 Afternoon Stretch
 - 2:00 Ring Toss
 - 2:30 Music & Munchies
 - 3:15 High-Low Roll
 - 4:00 LOL

- 14
- 10:30 Morning Refreshment
 - 11:00 Music w/ Mike Coletta
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Armchair Travel
 - 2:30 Tea Party
 - 3:15 Table Top Pong
 - 4:00 Rosary
 - Color & Reminisce

- 15
- 10:30 Morning Refreshment
 - 11:15 Making a Band
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Kitchen Club
 - 2:30 Refresh & Reminisce
 - 3:15 Balloon Bash
 - 4:00 Would you Rather...

- 16
- 10:30 Morning Refreshment
 - 11:15 Skee Ball
 - Crafter's Corner
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Shuffleboard
 - 2:30 Ice-Cream Social
 - 3:15 Roll-All-6
 - 4:00 Mystery Song Title

- 17
- ST. PATRICK'S DAY
- 10:30 Scenic Ride
 - 11:00 Target Practice
 - 12:00 St. Patty Lunch w/ Music
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Bowling
 - 2:30 Happy Hour
 - 3:15 Beach Ball Pass
 - 4:00 Did You Know

- 18
- 10:30 Morning Refreshment
 - 11:00 Virtual Concert
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Saturday Sitcom
 - 3:15 Balloon Volley
 - 4:00 Finish the Line

- 19
- ST. JOSEPH'S DAY
- 10:40 Communion w/ OLM
 - 11:00 Virtual Catholic Mass
 - 11:45 Sing Along
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Sunday Matinee
 - 3:15 Musical Beach Ball
 - 4:00 Fun Fact Trivia

- 20
- WELCOME SPRING
- 10:30 Morning Refreshment
 - 11:15 Balloon Volley
 - 1:00 Roll & Reminisce
 - 1:30 Afternoon Stretch
 - 2:00 Ring Toss
 - 2:30 Music & Munchies
 - 3:15 High-Low Roll
 - 4:00 LOL

- 21
- 10:30 Morning Refreshment
 - 11:15 Nail Care/ Basketball
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Armchair Travel
 - 2:30 Tea Party
 - 3:15 Table Top Pong
 - 4:00 Rosary
 - Color & Reminisce

- 22
- RAMADAN BEGINS
- 10:30 Morning Refreshment
 - 11:15 Making a Band
 - 1:00 Roll & Reminisce
 - 1:30 Tap'n Time w/ Belle
 - 2:30 Refresh & Reminisce
 - 3:15 Balloon Bash
 - 4:00 Would you Rather...

- 23
- 10:30 Morning Refreshment
 - 11:15 Skee Ball
 - Crafter's Corner
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Shuffleboard
 - 2:30 Ice-Cream Social
 - 3:15 Roll-All-6
 - 4:00 Mystery Song Title

- 24
- 10:30 Scenic Ride
 - 11:00 Target Practice
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Bowling
 - 2:30 Happy Hour
 - 3:15 Beach Ball Pass
 - 4:00 Did You Know

- 25
- 10:30 Morning Refreshment
 - 11:15 High Rollers
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Bean Bag Toss
 - 2:30 Hydrate & Harmonies
 - 3:15 Musical Beach Ball
 - 4:00 Finish the Line

- 26
- 10:40 Communion w/ OLM
 - 11:00 Virtual Catholic Mass
 - 11:45 Sing Along
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Word Games
 - 2:30 Discussions & Drinks
 - 3:15 Musical Beach Ball
 - 4:00 Fun Fact Trivia

- 27
- 10:30 Morning Refreshment
 - 11:15 Balloon Volley
 - 1:00 Roll & Reminisce
 - 1:30 Afternoon Stretch
 - 2:00 Ring Toss
 - 2:30 Music & Munchies
 - 3:15 High-Low Roll
 - 4:00 LOL

- 28
- 10:30 Morning Refreshment
 - 11:15 Nail Care/ Basketball
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Armchair Travel
 - 2:30 Tea Party
 - 3:15 Table Top Pong
 - 4:00 Rosary
 - Color & Reminisce

- 29
- 10:30 Morning Refreshment
 - 11:15 Making a Band
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Kitchen Club
 - 2:30 Refresh & Reminisce
 - 3:15 Balloon Bash
 - 4:00 Would you Rather...

- 30
- 10:30 Morning Refreshment
 - 11:15 Skee Ball
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Shuffleboard
 - Crafter's Corner
 - 2:30 Ice-Cream Social
 - 3:15 Roll-All-6
 - 4:00 Mystery Song Title

- 31
- 10:30 Scenic Ride
 - 11:00 Target Practice
 - 1:00 Roll & Reminisce
 - 1:30 Exercise/Walking
 - 2:00 Table Top Bowling
 - 2:30 Happy Hour
 - 3:15 Beach Ball Pass
 - 4:00 Did You Know

- 7 ASPECTS OF LIVING
- Cognitive
 - Musical
 - Life Enrichment
 - Reminisce
 - Health & Fitness
 - Inspirational/Emotional
 - Social

Subject to change: Daily Schedules Made Available & Displayed in Community

All outings are weather permitting

MEAL TIMES: 8:00-9:30a; 12:00-1:00p; 4:30-5:30p