

March 2023

April

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	Red Sox Opening Day 30	31	APRIL FOOLS DAY 1
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>2:45 Rosary</p> <p>3:30 LRC (Left Right Center) -3 pennies/game-</p> <p>6:00 Trivia Night w/ April</p>	<p>10:30 Pool League Lessons</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:00 Nail Care</p> <p>4:00 Happy Hour</p> <p>6:15 Hi-Lo Jack</p>	<p>10:30 Silver Sneakers (Walking Group)</p> <p>11:00 Exercise Group</p> <p>1:30 Crafting w/ Connie</p> <p>3:00 Fireside Chat (Social group)</p> <p>6:00 High Stakes Bingo \$1/card—3 card max</p>	<p>10:30 Hangman—word game (On TV screen)</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo</p> <p>3:00 Chaplain Chat</p> <p>4:00 Happy Hour</p> <p>6:15 Mid-Week Movie (DVD) <i>A League of Their Own</i> (1992 2:08 Rated-PG)</p>	<p>10:30 Silver Sneakers (Walking Group)</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Nail Care</p> <p>2:00 Red Sox Opening Game (NESN)</p> <p>2:30 8' Hotdog & Refreshments</p> <p>3:15 Baseball Target Toss</p> <p>4:00 Trivia Challenge</p> <p>6:15 Special Movie Night (AP) <i>Fever Pitch</i> (2005 1:44 Rated-PG13)</p>	<p>10:30 AM Crosswords (On TV screen)</p> <p>11:00 Exercise Group</p> <p>1:30 Shopping Trip: Dave's Market</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: Dave's Market</p> <p>3:00 Pool League Lessons</p> <p>4:00 Trivia Happy Hour</p> <p>6:15 Historical Drama (NF) <i>The Crown</i> (S5:E3)</p>	<p>10:00 Walking Club</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) "Mary Tyler-Moore Show"</p> <p>2:15 Bocce Ball Pool</p> <p>2:00 Bridge Club</p> <p>3:00 Saturday Matinee (NF) <i>Victoria & Abdul</i> (2017 1:51 Rated-PG13)</p> <p>6:00 Saturday Cinema: (NF) <i>The Other Boleyn Girl</i> (2008 1:55 Rated-PG13)</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting