

April 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EASTER SUNDAY 9	10	11	12	13	14	15
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>12:00 EASTER MEAL</p> <p>1:45 Dominos</p> <p>3:00 Protest Easter Service</p> <p>6:00 Resident Choice Movie (AP) <i>Easter Parade</i> (1958 1:45)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:00 Nail Care & Exercise Bike Assist</p> <p>4:00 Popcorn Happy Hour</p> <p>6:00 Evening News</p> <p>6:15 Hi-Lo Jack</p>	<p>10:30 Silver Sneakers</p> <p>11:00 Exercise Group</p> <p>1:30 Crafting with Connie</p> <p>3:30 "The Chat"</p> <p>6:00 Trivia Night w/ April</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:45 Quarter Bingo (in DR)</p> <p>3:00 Chaplain Chat (Pub)</p> <p>4:00 Sing Along Happy Hour</p> <p>6:15 Mid-Week Movie (HM) <i>Because I Said So</i> (2007 1:41)</p>	<p>10:30 Silver Sneakers</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Nail Care</p> <p>2:30 Pool Practice</p> <p>4:00 Music w/ Joey C.</p> <p>6:30 Upstairs Series (NF) <i>Grace & Fankie</i> (S1:E1)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>2:45 Scenic Ride</p> <p>4:00 Pub & Trivia Games</p> <p>6:15 Historical Drama (NF) THE CROWN (S5:E5)</p>	<p>10:30 Sip, Snack & Social</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) <i>"Mary Tyler Moore Show"</i></p> <p>2:00 Bridge Club (Ind.)</p> <p>2:15 Baseball Target Toss</p> <p>3:00 Saturday Matinee (HM) <i>First Wives Club</i> (1996 1:50)</p> <p>6:00 Saturday Night Cinema (HM) <i>Ghost</i> (1990 2:00)</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.