

April 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|---|
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 9:15 Virt. Catholic Mass (YT) | 10:30 Brain Games | 10:30 Silver Sneakers (walking group) | 10:30 Brain Games | 10:30 Silver Sneakers | 10:30 Brain Games | 10:30 Sip, Snack & Social (Independent) |
| 10:15 Communion w/ OLM | 11:00 Exercise Group | 11:00 Exercise Group | 11:00 Exercise Group | 11:00 Exercise w/ Jill | 11:00 Exercise Group | 11:15 Exercise Group |
| 11:15 Exercise Group | 1:10 Act of Contrition | 1:30 Crafting with Connie | 1:30 Quarter Bingo | 1:30 Nail Care | 1:30 Quarter Bingo | 1:30 Classic Series: (AP) “Mary Tyler Moore Show” |
| 2:15 Balloon Bash | 1:30 Catholic Mass (OLM) | 3:30 “The Chat” | 1:45 Errand Run: Banks | 2:30 Darts | 1:45 Shopping Trip: Kohls | 1:45 Bocce Ball |
| 3:00 Protestant Service w/ Rev. Cheryl | 2:45 Quarter Bingo | 6:00 Trivia Night w/ April | 3:30 Music w/ Bob Trembley | 3:45 Pool Practice | 4:00 Pub & Trivia Games | 2:00 Bridge Club (Resident Lead) |
| 6:00 Resident Choice Movie (HM) <i>Twister</i> (1996 1:53) | 4:00 Popcorn Happy Hour | | 6:00 Mid-Week Movie (HM) <i>Miss Congeniality</i> | 6:00-8:00 CBS Evening News & Gameshows | 6:15 Historical Drama (NF) THE CROWN (S5:E6) | 3:00 Penny LRC (Dice Game) |
| | 6:15 Hi-Lo Jack (Resident Lead) | | | 6:30 Upstairs Series (AP) <i>A League of Their Own</i> (S1:E1) “Batter Up” | | 6:00 Saturday Night Cinema (NF) (1977 1:35) <i>Smokey and the Bandit</i> |

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.