

April

May 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
<p>HAPPY MOTHER'S DAY</p> <p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>2:00 Sunday Sports Game</p> <p>3:15 Darts</p> <p>6:00 Movie & Popcorn Night (HM) <i>Mermaids</i> (1990 1:50)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:10 Act of Contrition w/ Fr. Mahoney</p> <p>1:30 Catholic Mass</p> <p>2:45 Quarter Bingo</p> <p>2:45 Errand Run: CVS</p> <p>4:00 Popcorn Happy Hour</p> <p>6:00 CBS Evening News & Game Shows</p> <p>6:15 Hi-Lo Jack</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:15 Walking Club</p> <p>1:30 Gamm Theater Workshop "Theater Therapy" Group</p> <p>3:30 "The Chat"</p> <p>6:00 Trivia Night w/ April</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:00 Miniature Bowling</p> <p>3:00-4:00 Rev. Cheryl Office Hours (By appointment Schedule @ Front desk)</p> <p>4:00 Sing Along Happy Hour</p> <p>6:00 Mid-Week Movie (HM) <i>Urban Cowboy</i> (2002 1:41)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:15 Walking Club</p> <p>1:45 Nail Care</p> <p>2:45 Pool Practice</p> <p>4:00 Music w/ Kalifornia Karl</p> <p>6:15 Upstairs Series (AP) <i>A League of Their Own</i> (S1:E5) "Back Footed"</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>1:45 Shopping: Garden City (limited seating—please sign up in advance)</p> <p>3:00 Darts</p> <p>4:00 Pub & Trivia Games</p> <p>6:00 Historical Drama (NF) <i>The Crown</i> (S5:E9)</p>	<p>10:30 Sip, Snack & Social</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series: (AP) "The Carol Burnett Show"</p> <p>1:45 Bocce Ball</p> <p>3:15 Dollar Bingo</p> <p>6:00 Word Games & Brain Teasers</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting