

September 2023

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	1st day of Autumn 23
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 Protestant Service w/ Rev. Cheryl</p> <p>4:00 Pool Bocce</p> <p>6:00 Nickel LRC (Dice game)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:10 Contrition w/ Fr. Mahoney</p> <p>1:30 Catholic Mass</p> <p>3:30 Popcorn Happy Hour</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Crafting With Connie</p> <p>3:30 "The Chat"</p> <p>6:00 Trivia Night w/ April</p> <p>6:15 Bridge Club (Resident Lead)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:45 Quarter Bingo</p> <p>3:30 Happy Hour</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-week Movie (AP) <i>Finding Neverland</i> (2004 1:41)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:15 Nail Care</p> <p>2:00 Scenic Ride: Barden's Family Apple Orchard</p> <p>2:15 Pool League</p> <p>4:00 Music w/ Vini Ames</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>10:15 Blood Pressure Clinic</p> <p>11:00 Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>1:45 Shopping Trip: Confreda Farmer's Market</p> <p>3:30 Happy Hour</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Historical Series: Historical Series: (AP) <i>Drinks, Crime & Prohibition</i> E: 1&2</p>	<p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:30 Classic Series (AP) <i>Cheers</i></p> <p>1:45 Bean Bag Toss</p> <p>2:45 Darts</p> <p>3:45 Sing-Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 UNO (card game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.