

January 2024

February 2024

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	GROUNDHOG DAY 2	3
<p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 Bean Bag Toss</p> <p>3:45 Hymnal Sing-Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Scrabble</p> <p>7:00 Game Shows (GSN)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:45 Quarter Bingo</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:45 Resident Ambassadors Sponsor: Coffee Talk "Navigating the Community"</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Crafting w/ Connie</p> <p>3:15 Book Club</p> <p>6:00 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>12:00-1:00 JANUARY BIRTHDAY LUNCHEON</p> <p>1:45 Quarter Bingo</p> <p>3:30 Socialize & Sip</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-Week Movie (Hulu) Gentlemen Prefer Blondes (1953 1:31)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Nail Care</p> <p>2:45 Activity Council</p> <p>3:15 Shopping Trip: Dollar Tree</p> <p>3:30 Rummikub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p>	<p>9:00 Morning News</p> <p>10:00 Current Events</p> <p>11:00 Exercise: Seated Yoga w/ Linda</p> <p>1:45 Quarter Bingo</p> <p>3:30 Happy Hour w/ Music by Luke Jackson</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Black Jack "21"</p> <p>7:00 Game Shows (GSN)</p>

February 2024

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
<p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 Worship Service w/ Communion</p> <p>4:00 Hymnal Sing Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Beading Circle</p> <p>7:00 Game Shows (GSN)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Crafting w/ Connie</p> <p>3:15 Dominos</p> <p>6:00 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Socialize & Sip</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-Week Movie (Hulu) <i>America's Sweetheart</i> (2001 1:51)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>12:00 Men's Group Lunch Outing: Thirsty Beaver</p> <p>1:00 Nail Care</p> <p>2:30 Rummikub</p> <p>3:30 Music w/ Chris Monti</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) <i>Moonlighting</i></p>	<p>9:00 Morning News</p> <p>10:00 Current Events w/ David</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Shopping Trip: Dave's Marketplace</p> <p>3:30 Trivia Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Dollar Bingo (\$1/card—3 card max)</p> <p>7:00 Game Shows (GSN)</p>

February 2024

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	MARDI GRAS 13	Ash Wednesday 14 Valentine's Day	15	16	17
<p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>2:45 Cooking w/ April</p> <p>4:00 Hymnal Sing Along</p> <p>6:15 Superbowl Party (6:30 Kickoff) (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:30-1:15 MARDI GRAS THEMED LUNCH</p> <p>1:30 Crafting w/ Connie</p> <p>3:00 Chaplain Chat w/ Rev. Cheryl</p> <p>6:15 Mardi Gras Celebration & Live Music w/ Janine Andrews (6:30)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00-1:00 VALENTINE DAY BRUNCH</p> <p>2:00 Receiving of ASHES w/ OLM</p> <p>2:45 Quarter Bingo</p> <p>3:30 Sweetheart Happy Hour</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Ambassador Sponsor Movie: (AP) An Affair To Remember (1957 1:54)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:00 Nail Care</p> <p>2:45 Rummikub</p> <p>3:30 Music w/ Brad Logan</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p>	<p>9:00 Morning News</p> <p>10:15 Current Events w/ David</p> <p>11:00 Exercise: Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo</p> <p>3:00 Shopping Trip: Target</p> <p>3:30 Trivia Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Black Jack "21"</p> <p>7:00 Game Shows (GSN)</p>

February 2024

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	President's Day 19	20	21	22	23	24
<p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 Worship Service</p> <p>4:00 Hymnal Sing-Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Beading Circle</p> <p>7:00 Game Shows (GSN)</p>	<p>Brain Game Packet</p> <p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise</p> <p>1:30 Dominos/Cards</p> <p>2:30 Quarter Bingo</p> <p>3:45 Documentary (Hulu) America's Book of Secrets: S1:E1 "The White House"</p> <p>6:00 Holiday Movie (AP) The American President (1995 1:53)</p>	<p>9:45 Resident Ambassadors sponsor: Coffee & Chat</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:00 Optum Insurance 1:1 Information</p> <p>1:30 Cooking w/ April</p> <p>3:15 Dominos</p> <p>6:00 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Socialize & Sip</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-Week Movie (Hulu) Sweet Home Alabama (2002 1:45)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:00 Nail Care</p> <p>2:30 Rummikub</p> <p>3:30 Music w/ Kalifornia Karl</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p>	<p>9:00 Morning News</p> <p>10:00 Current Events w/ David</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Scenic Ride</p> <p>3:30 Trivia Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Pokeno for Prizes</p> <p>7:00 Game Shows (GSN)</p>

February 2024

March 2024

The Seasons Assisted Living— Traditional Activity Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1	2
<p>(Continental Breakfast)</p> <p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>1:45 Balloon Bash</p> <p>3:00 Rummikub</p> <p>3:45 Hymnal Sing-Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Scrabble</p> <p>7:00 Game Shows (GSN)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>12:00 FEBRUARY BIRTHDAY LUNCHEON</p> <p>1:30 Crafting w/ Connie</p> <p>3:00 Chaplain Chat w/ Rev. Cheryl</p> <p>3:15 Book Club</p> <p>6:00 Word Games & Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Socialize & Sip</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-Week Movie (AP) <i>Leap Year</i> (2010 1:40)</p>	<p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:00 Nail Care</p> <p>2:30 Menu Chat/ Resident Town Hall <i>(Punch Card Winner Drawn)</i></p> <p>3:30 Music w/ Brad Logan</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) <i>Moonlighting</i></p>	<p>9:00 Morning News</p> <p>10:00 Current Events w/ David</p> <p>11:00 Exercise</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: CVS</p> <p>3:30 Trivia Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p>	<p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:00 Black Jack "21"</p> <p>7:00 Game Shows (GSN)</p>