

March

April 2024

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|---|
| <p>EASTER SUNDAY 31 Resident Egg Hunt</p> <p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>12:00 HOLIDAY MEAL</p> <p>1:30 Easter Trivia</p> <p>2:00 Easter Service w/ Rev.</p> <p>3:15 Easter Egg Roulette</p> <p>4:00 Hymnal Sing Along</p> <p>Boxed Dinner in Apt.</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 "Chase Away the Ace"</p> <p>7:00 Game Shows</p> | <p>1</p> <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>2</p> <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Helping Hands: Planting for Alzheimer's</p> <p>3:15 Book Club</p> <p>6:00 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>3</p> <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Spirits & Social</p> <p>6:00 Mid-Week Movie (Max) Singing in the Rain (1952 1:42)</p> | <p>4</p> <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:15 Nail Care</p> <p>2:45 Activity Council</p> <p>3:30 Music w/ Janine Andrews</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p> | <p>5</p> <p>9:00 Morning News</p> <p>10:30 Current Events w/ David</p> <p>11:00 Chair Yoga w/ Linda</p> <p>1:45 Quarter Bingo</p> <p>3:00 Shopping Trip: Dollar Tree</p> <p>3:30 Trivia Pub</p> <p>6:00 Farkle (dice game)</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>6</p> <p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>1:00 Classic Series (Hulu) Mary Tyler Moore Show</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Roll All "6" (Dice Game)</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Game Shows</p> |

April 2024

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
| 7 | Solar Eclipse Day 8 | FENWAY OPENING DAY 9 | 10 | 11 | 12 | 13 |
| 9:00 Virt. Catholic Mass (YT) | 9:00 Morning News | Wear your Favorite Baseball Team Gear | 9:00 Morning News | 9:00 Morning News | 9:00 Morning News | 9:00 Morning News |
| 10:15 Communion w/ OLM | 10:30 Brain Games | 9:00 Morning News | 10:30 Brain Games | 10:30 Brain Games | 10:30 Brain Games | 10:00 Coffee & Chat (Independent) |
| 11:15 Exercise Walking Group (wear a jacket) | 11:00 Exercise | 10:30 Brain Games | 11:00 Exercise w/ Monica Seated Zumba | 11:00 Exercise Group | 11:00 Exercise Group | 11:15 Exercise Group |
| 11:45 Feeding of the Fish | 11:45 Feeding of the Fish | 11:00 Exercise | 11:45 Feeding of the Fish | 11:45 Feeding of the Fish | 11:45 Feeding of the Fish | 11:45 Feeding of the Fish |
| 1:30 Pool Bocce | 1:30 Astrology Trivia | 11:45 Feeding of the Fish | 1:30 Quarter Bingo | 1:15 Nail Care | 1:45 Quarter Bingo | 1:00 Classic Series (Hulu) Mary Tyler Moore Show |
| 2:30 -Quarter- Left Right Center | 2:30 Eclipse Viewing Party | 2:00 Ballgame & Concessions w/ | 3:00 Virtual Guided Rosary | 2:30 Rummikub | 1:45 Scenic Ride Newport | 1:45 Darts |
| 3:45 Sing Along | 3:30 Sips for the Eclipse (Happy Hour) | 3:30 Baseball Trivia | 3:30 Popcorn Pub | 3:30 Quarter Bingo (Make-up game) | 3:30 Spirits & Social | 2:45 Word Games |
| 6:00 Evening News (Ch. 10) | 6:00 Evening News (Ch. 10) | 6:00 Word Games | 6:00 Evening News (Ch. 10) | 6:00 Evening News (Ch. 10) | 6:00 Farkle (dice game) | 3:30 Left-Right-Center -Dimes- |
| 6:15 "Chase Away the Ace" | 7:00 Wheel of Fortune/ Jeopardy (Ch. 12) | 6:30 Resident Bridge Club | 6:30 Mid-Week Movie (AP) Field of Dreams (1989 1:42) | 6:30 Throwback Thursday Series (Hulu) Moonlighting | 6:00 Evening News (Ch. 10) | 6:00 Black Jack "21" |
| 7:00 Game Shows | | 7:00 Wheel of Fortune/ Jeopardy (Ch. 12) | | | 7:00 Wheel of Fortune/ Jeopardy (Ch. 12) | 6:00 Evening News (Ch. 10) |
| | | | | | | 7:00 Game Shows |

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated Last Updated: 4//03/24

April 2024

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| <p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM</p> <p>11:00-1:00 APRIL BRUNCH</p> <p>11:15 Feeding of the Fish</p> <p>1:30 Balloon Bash</p> <p>2:30 Beading Circle</p> <p>3:45 Sing Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 New Game: "Who's got the button"</p> <p>7:00 Game Shows</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Employee of the Quarter</p> <p>2:00 Quarter Bingo</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Craft For a Cause (Coasters)</p> <p>3:30 Dominos</p> <p>6:00 Music w/ Kalifornia Karl</p> <p>7:30 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Spirits & Social</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Mid-Week Movie (Max) The Thomas Crown Affair (1999 1:54)</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:15 Nail Care</p> <p>1:30 Outing: Casino</p> <p>2:00 Men's Club</p> <p>2:30 Rummikub</p> <p>3:30 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Shopping Trip: Kohls</p> <p>3:30 Spirits & Social</p> <p>6:00 Farkle (dice game)</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:00 Classic Series (Hulu) Mary Tyler Moore Show</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Dominos</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Game Shows</p> |

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated Last Updated: 4/8/24

April 2024

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|--|
| 21 | PASSOVER BEGINS 22 | 23 | 24 | 25 | 26 | 27 |
| <p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15ish Communion w/ OLM</p> <p>11:15 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:45 Balloon Bash</p> <p>3:00 Worship Service w/ Rev. Cheryl</p> <p>4:00 Hymnal Sing Along</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Trivia</p> <p>7:00 Game Shows</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/Jeopardy (Ch. 12)</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Putting Practice</p> <p>2:45 Pool Bocce</p> <p>3:45 "Who Sang It"</p> <p>6:00 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy (Ch. 12)</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise w/ Monica Seated Zumba</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:30 Socialize & Sip</p> <p>6:00 Ambassadors Present Movie Night (AP) Gigi (1958 1:58)</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:15 Nail Care</p> <p>2:30 Town Hall</p> <p>3:30 Music w/ Luke Jackson</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Shopping Trip: Target</p> <p>3:30 Trivia Pub</p> <p>6:00 Farkle (dice game)</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/Jeopardy (Ch. 12)</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:00 Mary Tyler Moore Show (Hulu)</p> <p>1:45 Darts</p> <p>2:45 Word Games</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:00 Black Jack "21"</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Game Shows</p> |

Activities are Subject to Change—Please refer to Daily Hand-outs

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Last Updated Last Updated: 4/19/24

April 2024

May 2024

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| <p>9:00 Virt. Catholic Mass (YT)</p> <p>10:15 Communion w/ OLM (Pub Area)</p> <p>11:15 Exercise-Walking Group</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Pool Bocce</p> <p>2:30 Sing Along</p> <p>3:30 Beading Circle</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 "Family Feud"</p> <p>7:00 Game Shows</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Crafting Circle: Crafter's Choice</p> <p>3:45 Rummikub</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:15 Trivia Night</p> <p>6:30 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:30 Brain Games</p> <p>11:00 Exercise</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:30 Spirits & Social</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 (re-showing) Ambassadors Present Movie Night (AP) Gigi (1958 1:58)</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:15 Nail Care</p> <p>2:30 Dominos</p> <p>3:30 Music w/ Bob Trembley</p> <p>6:00 Evening News (Ch. 10)</p> <p>6:30 Throwback Thursday Series (Hulu) Moonlighting</p> | <p>9:00 Good Morning America (Ch. 10)</p> <p>10:30 Brain Games</p> <p>11:00 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:30 Quarter Bingo</p> <p>3:00 Shopping Trip: Marshalls</p> <p>3:30 Trivia Pub</p> <p>6:15 Farkle (dice game)</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Wheel of Fortune/ Jeopardy (Ch. 12)</p> | <p>9:00 Morning News</p> <p>10:00 Coffee & Chat (Independent)</p> <p>11:15 Exercise Group</p> <p>11:45 Feeding of the Fish</p> <p>1:00 Classic Series (AP) Newhart</p> <p>1:30 Putting Practice</p> <p>2:30 Darts</p> <p>3:30 Left-Right-Center -Dimes-</p> <p>6:15 Word Games</p> <p>6:00 Evening News (Ch. 10)</p> <p>7:00 Game Shows</p> |