

September 2024

October 2024

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:30-1:00 SEPTEMBER'S SUNDAY BRUNCH</p> <p>1:15 Afternoon Stretch</p> <p>1:45 Balloon Bash</p> <p>3:00 Word Games</p> <p>3:15 Garden Club</p> <p>3:45 Sing-Along</p> <p>4:05 Patriots Vs 49ers (Ch. 12 CBS)</p> <p>6:15 "Dice Golf"</p> <p>7:00 (after the Patriots game) Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:00 Mini-Trip: Dollar Tree</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:30 Popcorn Pub</p> <p>6:15 Resident Scrabble Club</p> <p>6:15 "Roll All 6"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>11:30 Exercise Bike Assistance</p> <p>1:30 Crafting w/ Donna</p> <p>3:30 Book Club w/ Jessica</p> <p>6:30 Resident Mid-Week Movie <i>It Run in the Family (NF)</i> (2023 1:45) Stars: Kirk Douglas, Micheal Douglas, & Cameron Douglas</p>	<p>Rosh Hashanah Begins (at sunset)</p> <p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour</p> <p>6:15 Rummikub</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill</p> <p>1:15 Nail Care</p> <p>2:15 Table Top Bowling</p> <p>2:45 Audible Group (Audio Book Reading) Jackie -Description in Library-</p> <p>3:30 Farkle (dice game)</p> <p>6:00 Music & Cocktails w/ Chris Monti</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo</p> <p>3:00-4:00 Scenic Ride</p> <p>3:30 Trivia Pub</p> <p>6:15 Black Jack "21" (Nickels & Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee & Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>2:15 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:30 Left/Right/Center (dimes)</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

October 2024

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	OKTOBERFEST 7	8	9	10	11	12
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:15 Seated Exercise Group</p> <p>1:00 Patriots v Dolphins (Fox)</p> <p>1:30 Balloon Bash</p> <p>3:00 Worship Service & Communion w/ Rev. Cheryl</p> <p>4:00 Sing-Along</p> <p>6:15 "Dice Golf"</p> <p>7:00 Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Tai Chi w/ Alex Culligan</p> <p>1:00 Employee of the Quarter Announcement and "Changing of the Guard"</p> <p>1:30 Quarter Bingo</p> <p>3:30 Oktoberfest Celebration w/ Music by Sue McLeod</p> <p>6:15 Resident Scrabble Club</p> <p>6:15 Crazy Eights</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>11:30 Exercise Bike Assistance</p> <p>1:30 Beading Circle w/ Donna</p> <p>3:15 Afternoon Stretch</p> <p>3:45 Audible Group (Jackie pt. 1)</p> <p>6:30 Resident Mid-Week Movie <i>Judy (2019 2:00)</i> <i>Starring: Renee Zellweger</i></p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Zumba w/ Monia</p> <p>1:30 Quarter Bingo</p> <p>1:30 Outing: Cider Mill (Mystic, CT)</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour</p> <p>6:15 Left Right Center</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill</p> <p>1:15 Nail Care</p> <p>2:00 Grief Support Group</p> <p>2:15 Table Top Bowling</p> <p>3:30 Live Music w/ Bud Pisticcio</p> <p>6:00 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Trivia Pub</p> <p>6:15 Black Jack "21" (Nickels & Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee & Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>2:30 Nail Care</p> <p>2:30 Saturday Matinee Something's Gotta Give (2003 2:08)</p> <p>3:30 \$1 Pokeno</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

October 2024

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	Columbus Day/ Indigenous Persons Day 14	15	16	17	18	19

NON-QUARENTINED RESIDENTS ARE ENCOURAGED TO WALK AROUND THE BUILDING WHILE WEARING A MASK & GO OUTDOORS FOR SOME FRESH AIR.

PROGRAMS, DINING ROOM, AND HOSPITALITY STATIONS ARE CLOSED

**ACTIVITY PACKETS AND ROOM BINGO NUMBERS WILL BE DELIVERED DAILY
(Please Let Activities or The Front Desk Know If You Desire Any Activity Supplies)**

ALL MEALS WILL BE DELIVED TO APARTMENTS

October 2024

The Seasons Assisted Living, Traditional Community Activities

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

20

21

22

23

24

25

26

**NON-QUARENTINED
RESIDENTS ARE
ENCOURAGED TO WALK
AROUND THE BUILDING
WHILE WEARING A MASK &
GO OUTDOORS FOR SOME
FRESH AIR.**

**PROGRAMS, DINING ROOM, AND
HOSPITALITY STATIONS ARE
CLOSED**

**ACTIVITY PACKETS AND ROOM BINGO
NUMBERS WILL DELIVERED DAILY
(Please Let Activities or The Front Desk
Know If You Desire Any Activity Supplies)**

PENDING PROGRAMS

**REMEMBER TO WEAR A
MASK IN COMMON AREAS**

9:15
Morning Crossword Group

10:15
Brain Games

11:00
Exercise w/ Judi

1:30
Quarter Bingo

Starting at 3:15
Rolling Happy Hour
(Room Service Drinks)

6:15
Crazy 8's

7:00
Wheel of Fortune/Jeopardy
Group

**REMEMBER TO WEAR A
MASK IN COMMON AREAS
& THE CAR/VAN**

9:15
Morning Crossword Group

10:00
Shopping Trip:
Marshalls

10:15
Brain Games

11:00
Seated Exercise

1:30
Nail Care

2:00-3:30
Grief Support Group

3:30
Word Games

6:15
Farkle

7:00
Wheel of Fortune/Jeopardy
Group

**REMEMBER TO WEAR A
MASK IN COMMON AREAS
& THE CAR/VAN**

9:15
Morning Crossword Group

10:15
Brain Games

11:00
Seated Exercise

1:30
Quarter Bingo

1:30-3:15
Shopping Trip:
Job Lot
&
Spirit Halloween

Starting at 3:15
Rolling Happy Hour
(Room Service Drinks)

6:15
Black Jack "21"
(Nickels & Dimes)

7:00
Wheel of Fortune/Jeopardy
Group

**REMEMBER TO WEAR A
MASK IN COMMON AREAS**

9:15
Morning Crossword Group

10:15
Coffee & Chat

11:15
Seated Exercise

1:30
Darts

2:15
Saturday Matinee
As Good as It Gets
(1997 2:15)

2:30
Nail Care

3:30
Left/Right/Center
(dimes)

6:15
"Nix the Six"

7:00
Wheel of Fortune/Jeopardy
Group

October 2024

November 2024

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:30-1:00 OCTOBER'S SUNDAY BRUNCH</p> <p>1:00 Patriots vs. Jets (CBS)</p> <p>1:15 Afternoon Stretch</p> <p>1:45 Balloon Bash</p> <p>3:00 Word Games</p> <p>3:30 Sunday Scenic Ride</p> <p>3:45 Sing-Along</p> <p>6:15 "Dice Golf"</p> <p>7:00 Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:30 Popcorn Pub</p> <p>6:15 Resident Scrabble</p> <p>6:15 "Roll All 6"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>1:00 Birthday Luncheon</p> <p>1:30 Crafting Circle w/ Donna</p> <p>3:30 Resident Welcome Pub</p> <p>6:30 Resident Mid-Week Movie <i>Wizard of Oz</i> (Max) (1939 1:32)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Zumba w/ Monia</p> <p>1:00-3:30 Pumpkin Contest Voting</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour (Pumpkin Winner Announced)</p> <p>6:15 Crazy 8's</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill Saint</p> <p>1:15 Nail Care</p> <p>2:30 Audible Club</p> <p>2:30-3:15 Kids Trick-or-Treat</p> <p>3:30 Kids Costume Contest & Halloween Party w/ Music by Brad Logan</p> <p>6:30 Halloween Movie Night <i>Hocus Pocus</i></p>	<p>9:15 Morning Crossword Group</p> <p>10:30 Shopping Trip: Stop & Shop</p> <p>10:15 Brain Games</p> <p>11:00 Seated Yoga w/ Linda Morse</p> <p>2:00-3:00 Fall Memorial Service w/ Rev. Cheryl</p> <p>3:30-4:30 Pub/Reception</p> <p>6:15 Black Jack "21" (Nickels & Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee & Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>1:30 Resident Bridge Club</p> <p>2:15 Saturday Matinee <i>Little Women</i> (2019 2:15)</p> <p>2:30 Nail Care</p> <p>3:30 Giant Jenga</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting. Last Updated: 10/21/24