

# September 2024

# October 2024

## The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:30-1:00 <b>SEPTEMBER'S SUNDAY BRUNCH</b></p> <p>1:15 Afternoon Stretch</p> <p>1:45 Balloon Bash</p> <p>3:00 Word Games</p> <p>3:15 Garden Club</p> <p>3:45 Sing-Along</p> <p>4:05 Patriots Vs 49ers (Ch. 12 CBS)</p> <p>6:15 "Dice Golf"</p> <p>7:00 (after the Patriots game) Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:00 Mini-Trip: Dollar Tree</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:30 Popcorn Pub</p> <p>6:15 Resident Scrabble Club</p> <p>6:15 "Roll All 6"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>11:30 Exercise Bike Assistance</p> <p>1:30 Crafting w/ Donna</p> <p>3:30 Book Club w/ Jessica</p> <p>6:30 Resident Mid-Week Movie <i>It Run in the Family (NF)</i> (2023 1:45) Stars: Kirk Douglas, Micheal Douglas, &amp; Cameron Douglas</p>	<p><b>Rosh Hashanah Begins</b> (at sunset)</p> <p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour</p> <p>6:15 Rummikub</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill</p> <p>1:15 Nail Care</p> <p>2:15 Table Top Bowling</p> <p>2:45 Audible Group (Audio Book Reading) <i>Jackie</i> -Description in Library-</p> <p>3:30 Farkle (dice game)</p> <p>6:00 Music &amp; Cocktails w/ Chris Monti</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo</p> <p>3:00-4:00 Scenic Ride</p> <p>3:30 Trivia Pub</p> <p>6:15 Black Jack "21" (Nickels &amp; Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee &amp; Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>2:15 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:30 Left/Right/Center (dimes)</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

# October 2024

## The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b>	<b>OKTOBERFEST 7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:15 Seated Exercise Group</p> <p>1:00 Patriots v Dolphins (Fox)</p> <p>1:30 Balloon Bash</p> <p>3:00 Worship Service &amp; Communion w/ Rev. Cheryl</p> <p>4:00 Sing-Along</p> <p>6:15 "Dice Golf"</p> <p>7:00 Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Tai Chi w/ Alex Culligan</p> <p>1:00 Employee of the Quarter Announcement and "Changing of the Guard"</p> <p>1:30 Quarter Bingo</p> <p>3:30 Oktoberfest Celebration w/ Music by Sue McLeod</p> <p>6:15 Resident Scrabble Club</p> <p>6:15 Crazy Eights</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>11:30 Exercise Bike Assistance</p> <p>1:30 Beading Circle w/ Donna</p> <p>3:15 Afternoon Stretch</p> <p>3:45 Audible Group (Jackie pt. 1)</p> <p>6:30 Resident Mid-Week Movie <i>Judy (2019 2:00)</i> <i>Starring: Renee Zellweger</i></p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Zumba w/ Monia</p> <p>1:30 Quarter Bingo</p> <p>1:30 Outing: Cider Mill (Mystic, CT)</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour</p> <p>6:15 Left Right Center</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill</p> <p>1:15 Nail Care</p> <p>2:00 Grief Support Group</p> <p>2:15 Table Top Bowling</p> <p>3:30 Live Music w/ Bud Pisticcio</p> <p>6:00 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo</p> <p>3:30 Trivia Pub</p> <p>6:15 Black Jack "21" (Nickels &amp; Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee &amp; Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>2:30 Nail Care</p> <p>2:30 Saturday Matinee Something's Gotta Give (2003 2:08)</p> <p>3:30 \$1 Pokeno</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

# October 2024

## The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	<b>Columbus Day/ Indigenous Persons Day</b> 14	15	16	17	18	19

**NON-QUARENTINED RESIDENTS ARE ENCOURAGED TO WALK AROUND THE BUILDING WHILE WEARING A MASK & GO OUTDOORS FOR SOME FRESH AIR.**

**PROGRAMS, DINING ROOM, AND HOSPITALITY STATIONS ARE CLOSED**

**ACTIVITY PACKETS AND ROOM BINGO NUMBERS WILL BE DELIVERED DAILY  
(Please Let Activities or The Front Desk Know If You Desire Any Activity Supplies)**

**ALL MEALS WILL BE DELIVED TO APARTMENTS**

# October 2024

## The Seasons Assisted Living, Traditional Community Activities

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

20

21

22

23

24

25

26

### PENDING PROGRAMS

**NON-QUARENTINED RESIDENTS ARE ENCOURAGED TO WALK AROUND THE BUILDING WHILE WEARING A MASK & GO OUTDOORS FOR SOME FRESH AIR.**

**PROGRAMS, DINING ROOM, AND HOSPITALITY STATIONS ARE CLOSED**

**ACTIVITY PACKETS AND ROOM BINGO NUMBERS WILL DELIVERED DAILY (Please Let Activities or The Front Desk Know If You Desire Any Activity Supplies)**

**REMEMBER TO WEAR A MASK IN COMMON AREAS**

9:15 Morning Crossword Group

10:15 Brain Games

11:00 Exercise w/ Judi

1:30 Quarter Bingo

Starting at 3:15 Rolling Happy Hour (Room Service Drinks)

6:15 Crazy 8's

7:00 Wheel of Fortune/Jeopardy Group

**REMEMBER TO WEAR A MASK IN COMMON AREAS**

9:15 Morning Crossword Group

10:15 Brain Games

11:00 Seated Exercise

1:30 Nail Care

2:00-3:30 Grief Support Group

3:30 Word Games

6:15 Farkle

7:00 Wheel of Fortune/Jeopardy Group

**REMEMBER TO WEAR A MASK IN COMMON AREAS & THE CAR/VAN**

9:15 Morning Crossword Group

10:15 Brain Games

11:00 Seated Exercise

1:30 Quarter Bingo

1:30-3:00 Shopping Trip: Marshalls

Starting at 3:15 Rolling Happy Hour (Room Service Drinks)

6:15 Black Jack "21" (Nickels & Dimes)

7:00 Wheel of Fortune/Jeopardy Group

**REMEMBER TO WEAR A MASK IN COMMON AREAS**

9:15 Morning Crossword Group

10:15 Coffee & Chat

11:15 Seated Exercise

1:30 Darts

2:15 Saturday Matinee As Good as It Gets (1997 2:15)

2:30 Nail Care

3:30 Left/Right/Center (dimes)

6:15 "Nix the Six"

7:00 Wheel of Fortune/Jeopardy Group



# October 2024

# November 2024

## The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
<p>9:15 Virt. Catholic Mass (YT)</p> <p>10:30 Communion w/ OLM</p> <p>11:15 Seated Exercise</p> <p>1:00 Patriots vs. Jets (CBS)</p> <p>1:30 Balloon Bash</p> <p>3:30 Word Games</p> <p>3:30 Shopping Trip: Spirit Halloween</p> <p>3:30 Sing-Along</p> <p>6:15 "Dice Golf"</p> <p>7:00 Game Shows (GSN)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Exercise Group</p> <p>1:30 Quarter Bingo</p> <p>3:30 Rolling Happy Hour (Room Service Drinks)</p> <p>6:15 Resident Scrabble</p> <p>6:15 "Roll All 6"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 "Chair-cise" w/ Judi</p> <p>1:00 Birthday Luncheon</p> <p>1:30 Crafting Circle w/ Donna Decorating a Pumpkin</p> <p>3:30 Resident Welcome Pub (in the Pub)</p> <p>6:30 Resident Mid-Week Movie <i>Wizard of Oz</i> (Max) (1939 1:32)</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Zumba w/ Monia</p> <p>1:30-4:00 Pumpkin Contest Voting</p> <p>1:00 General Election Voting (timeslots will be assigned)</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Guided Rosary</p> <p>3:30 Happy Hour</p> <p>4:00 (Pumpkin Winner Announced)</p> <p>6:15 Crazy 8's</p> <p>6:15 Resident Bridge Club</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Aerobics w/ Jill Saint</p> <p>1:15 Nail Care</p> <p>2:30 Trivia &amp; Teasers</p> <p>2:30-3:15 Kids Trick-or-Treat</p> <p>3:30 Kids Costume Contest &amp; Halloween Party w/ Music by Brad Logan</p> <p>6:30 Halloween Movie Night <i>Hocus Pocus</i></p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Brain Games</p> <p>11:00 Seated Yoga w/ Linda Morse</p> <p>1:30 Shopping Trip: Stop &amp; Shop</p> <p>2:00-3:00 Fall Memorial Service w/ Rev. Cheryl</p> <p>3:30-4:30 Pub/Reception</p> <p>6:15 Black Jack "21" (Nickels &amp; Dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>	<p>9:15 Morning Crossword Group</p> <p>10:15 Coffee &amp; Chat</p> <p>11:15 Seated Exercise</p> <p>1:30 Darts</p> <p>1:30 Resident Bridge Club</p> <p>2:15 Saturday Matinee <i>Little Women</i> (2019 2:15)</p> <p>2:30 Nail Care</p> <p>3:30 Giant Jenga</p> <p>6:15 "Nix the Six"</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting. Last Updated: 10/22/24