

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March

GRANDVIEW GARDENS 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 High Roller Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Fact or Fiction Trivia 3:15 Toss Across Rosary 4:00 Uplifting Stories
<ul style="list-style-type: none"> 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Brain Games 2:00 Worship Service w/ Com. Color Artistry/Puzzles 3:15 Balloon Bash Music & Reminisce 4:00 Here Comes the Sun 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Basket Ball Bounce This & That Matching 1:30 Afternoon Stretch Virtual Rosary (YT) 2:00 Word Games 3:15 "Pot of Gold" Pong Color Artistry 4:00 Meditation & Reflection 	<p>MARDI GRAS</p> <ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Ball Puzzles 1:30 Afternoon Stretch Helping Hands 2:00 Trivia...Did you Know 2:30 Mardi Gras w/ Graham 3:15 "Coins & Beads Toss" 4:00 Sing Along 	<p>ASH WEDNESDAY</p> <ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Table Top Darts Blessing w/ Ashes** 1:30 Seated Yoga Kitchen Creations 2:00 Trivia 3:15 Ring Toss Music & Meditation 4:00 Who Sings It? 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Bash Mani-Cares 1:30 Afternoon Stretch Crafts & Creations 2:00 Word Games 3:15 Corn Hole Puzzles 4:00 Mindful Meditation 	<ul style="list-style-type: none"> 10:00 AM Exercise 10:45 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga Relaxation to Music 2:00 Brain Games 3:15 Horseshoes 4:00 Life Questions 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 High Roller Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Fact or Fiction Trivia 3:15 Toss Across Rosary 4:00 Uplifting Stories
<p>DAYLIGHT SAVINGS</p> <ul style="list-style-type: none"> 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Stretch 2:00 Brain Games 3:15 Balloon Bash Music & Reminisce 4:00 Here Comes the Sun 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Basket Ball Bounce Mani-Cares 1:30 Afternoon Stretch OLM Catholic Mass** 2:00 Word Games 3:15 "Pot of Gold" Pong Color Artistry 4:00 Meditation & Reflection 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Ball Puzzles 1:30 Afternoon Stretch Helping Hands 2:30 Mardi Gras w/ Graham 3:30 History of...(Mardi Gras) 4:00 Sing Along 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Table Top Darts Color Artistry 1:30 Seated Yoga Kitchen Creations 2:00 Trivia 3:15 Ring Toss Music & Meditation 4:00 Who Sings It? 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Bash Puzzles 1:30 Afternoon Stretch Crafts & Creations 2:00 Word Games 3:15 Corn Hole Mani-Cares 4:00 Mindful Meditation 	<ul style="list-style-type: none"> 10:00 AM Exercise 10:45 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga Relaxation to Music 2:00 Brain Games 3:15 Horseshoes 4:00 Life Questions 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 High Roller Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Fact or Fiction Trivia 3:15 Toss Across Rosary 4:00 Uplifting Stories
<ul style="list-style-type: none"> 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Stretch 2:00 Brain Games Color Artistry/Puzzles 3:15 Balloon Bash Music & Reminisce 4:00 Here Comes the Sun 	<p>ST. PATRICK'S DAY</p> <ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Basket Ball Bounce Mani-Cares 1:30 Afternoon Stretch Kitchen Creations 2:00 Word Games 2:30 St. Patty Party w/ Bud P. 3:15 "Pot of Gold" Pong Color Artistry 4:00 Meditation & Reflection 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Ball Puzzles 1:30 Reminisce 2:00 Chaplain Chat Helping Hands 3:15 Bulls-Eye Virtual Rosary (YT) 4:00 Sing Along 	<p>ST. JOSEPH'S DAY</p> <ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Table Top Darts Color Artistry 1:30 Seated Yoga Mani-Cares 2:00 Trivia 3:15 Ring Toss Music & Meditation 4:00 Who Sings It? 	<p>WELCOME SPRING</p> <ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Bash Puzzles 1:30 Afternoon Stretch Crafts & Creations 2:00 Word Games 3:15 Corn Hole Mani-Cares 4:00 Mindful Meditation 	<ul style="list-style-type: none"> 10:00 AM Exercise 10:45 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga Relaxation to Music 2:00 Brain Games 3:15 Horseshoes 4:00 Life Questions 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 High Roller Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Fact or Fiction Trivia 3:15 Toss Across Rosary 4:00 Uplifting Stories
<ul style="list-style-type: none"> 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Stretch 2:00 Brain Games 3:15 Balloon Bash Music & Reminisce 4:00 Here Comes the Sun 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Basket Ball Bounce Mani-Cares 1:30 Afternoon Stretch Virtual Rosary (YT) 2:00 Word Games 3:15 "Pot of Gold" Pong Color Artistry 4:00 Meditation & Reflection 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Ball Puzzles 1:30 Scenic Ride Helping Hands 2:00 Trivia...Did you Know 3:15 Bulls-Eye 4:00 Sing Along 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Table Top Darts Color Artistry 1:30 Tap'n Time Kitchen Creations 2:00 Trivia 3:15 Ring Toss Music & Meditation 4:00 Who Sings It? 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 Balloon Bash Puzzles 1:30 Afternoon Stretch Crafts & Creations 2:00 Word Games 3:15 Corn Hole Mani-Cares 4:00 Mindful Meditation 	<ul style="list-style-type: none"> 10:00 AM Exercise 10:45 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga Relaxation to Music 2:00 Brain Games 3:15 Horseshoes 4:00 Life Questions 	<ul style="list-style-type: none"> 10:00 Wake-up & Workout 11:15 High Roller Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Fact or Fiction Trivia 3:15 Toss Across Rosary 4:00 Uplifting Stories
<ul style="list-style-type: none"> 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Stretch 2:00 Brain Games Color Artistry/Puzzles 3:15 Balloon Bash Music & Reminisce 4:00 Here Comes the Sun 	<ul style="list-style-type: none"> 10:00 Wake up & Zumba 11:15 Basket Ball Bounce Mani-Cares 1:30 Afternoon Stretch Virtual Rosary (YT) 2:00 Word Games 3:15 "Pot of Gold" Pong Color Artistry 4:00 Meditation & Reflection 	<p>** Program on AL community (escort required)</p>		<p>DAILY PROGRAMS</p> <ul style="list-style-type: none"> Unless otherwise noted 9:15 Positive Current Events 10:30 AM Snack 11:00 Feeding of the Fish 1:00 Daily Chronicles 2:30 Snack & Social 5:15 Mindful Unwind 5:40 Movie/Classic Series 	<p>ASPECTS OF LIVING</p> <ul style="list-style-type: none"> Cognitive Musical Life Enrichment Reminisce Health & Fitness Inspirational/Spiritual Social 	