

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August GRANDVIEW GARDENS 2025						10:00 AM Exercise 10:30 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga 2:00 Brain Games 3:15 Bean Bag Toss 3:45 Classic Sing Along 5:30 Nightcap & Movie 1
10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:00 Brain Games 3:15 Balloon Volley 3:45 Karaoke 3	10:00 Wake up & Zumba 11:15 Brain Games 1:30 Afternoon Stretch Crafter's Circle 2:00 Word Games 3:15 High Rollers Color Artistry 3:45 Meditation & Reflection 4	10:00 Wake-up & Workout 11:15 Musical "Hot Potato" 1:30 Under the Water Trivia Experience: Touch Tank w/ Something Fishy 3:15 Balloon Volley Virtual Rosary 3:45 Sing Along & Reminisce 5	10:00 Wake up & Zumba 11:15 Table Top Darts Color Artistry 1:30 Trivia 2:00 Worship Service & Communion w/ Rev. Cheryl 3:15 Seated Yoga Music & Meditation 3:45 Brain Games 6	10:00 Wake-up & Workout 11:15 Balloon Bash Puzzles 1:30 Afternoon Stretch Kitchen Creations 2:00 Word Games 3:15 Corn Hole Mani-Cares 3:45 Mindful Meditation 7	10:00 AM Exercise 10:30 Scenic Ride 11:15 Nail Care/Reminisce 1:30 Seated Yoga 2:00 Brain Games 3:15 Bean Bag Toss 3:45 Classic Sing Along 5:30 Nightcap & Movie 8	10:00 Wake-up & Workout 11:15 Music & Groove Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Roll for Trivia 3:15 Bowling Rosary (AP) 3:45 Uplifting Stories 9
10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Armchair Travel 2:00 Brain Games 3:15 Balloon Volley 3:45 Karaoke 10	VICTORY DAY 10-6 10:00 Wake up & Zumba 11:15 Brain Games 1:30 Live Music w/ Bob Trembley 3:15 High Rollers Color Artistry 3:45 Patriotic Sing-Along 11	10:00 Wake-up & Workout 11:15 Musical "Hot Potato" Puzzles 1:30 Afternoon Stretch Mystery Ride 2:00 Trivia...Did you Know 3:15 Balloon Volley Virtual Rosary 3:45 Sing Along & Reminisce 12	10:00 Wake up & Zumba 11:15 Table Top Darts Color Artistry 1:30 Afternoon Stretch 2:00 Brain Games 3:15 Seated Yoga Music & Meditation 3:45 Brain Games 13	10:00 Wake-up & Workout 11:15 Balloon Bash Puzzles 1:30 Afternoon Stretch Kitchen Creations 2:00 Word Games 3:15 Corn Hole Mani-Cares 3:45 Mindful Meditation 14	10:00 AM Exercise 11:15 Nail Care/Reminisce 1:30 Seated Yoga 2:00 Brain Games 3:15 Bean Bag Toss 3:45 Classic Sing Along 5:30 Nightcap & Movie 15	10:00 Wake-up & Workout 11:15 Music & Groove Color Artistry 1:30 Afternoon Stretch Music & Relaxation 2:00 Roll for Trivia 3:15 Bowling Rosary (AP) 3:45 Uplifting Stories 16
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10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:00 Brain Games 3:15 Balloon Volley 3:45 Karaoke 31	Dog Days of Summer		- Additional Paralell Programs Offered during the day - Individual activities available throughout the day DAILY PROGRAMS Unless otherwise noted 9:15 Uplifting News & Events 10:30 AM Snack & Refresh 11:00 Feeding of the Fish 1:00 Daily Chronicles 2:30 Snack & Social 5:15 Mindful Unwind 5:40 Movie/Classic Series ASPECTS OF LIVING - Cognitive - Musical - Life Enrichment - Reminisce - Health & Fitness - Inspirational/Spiritual - Social			