

| Sunday                                                                                                                                                                                                                                                                                                              | Monday                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                                            | Friday                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                        |
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| <b>DAILY PROGRAMS</b><br>Unless otherwise noted<br>**Located on AL/escort required<br>9:15 Uplifting News & Events<br>10:30 AM Snack & Refresh<br>11:00 Feeding of the Fish<br>1:00 Daily Chronicles<br>2:30 Snack & Social<br>5:15 Mindful Unwind<br>5:40 Movie/Classic Series                                     | <b>LABOR DAY 1</b><br>10:00 Patriotic Exercise<br>11:15 Brain Games: Labor Day<br>1:30 Afternoon Stretch<br>2:00 Word Games<br>2:30 <b>Music &amp; Munchies</b><br>w/ <b>Joanie Sherlock</b><br>3:15 High Rollers<br>Color Artistry<br>3:45 Meditation & Reflection | <b>2</b><br>10:00 Wake-up & Workout<br>11:15 Musical "Hot Potato"<br>Puzzles<br>1:30 Afternoon Stretch<br>2:00 <b>Dunkin Run</b><br>Trivia...Did you Know<br>3:15 Balloon Volley<br>Virtual Rosary<br>3:45 Sing Along & Reminisce                                | <b>3</b><br>10:00 Wake up & Zumba<br>11:15 Table Top Darts<br>Color Artistry<br>1:30 Trivia<br>2:00 <b>Worship Service &amp; Communion</b><br>w/ <b>Rev. Cheryl</b><br>3:15 Seated Yoga<br>Music & Meditation<br>3:45 Brain Games                             | <b>4</b><br>10:00 Wake-up & Workout<br>11:15 Balloon Bash<br>Puzzles<br>12:00 <b>Courtyard Cookout</b><br>1:30 Afternoon Stretch<br>Kitchen Creations<br>2:00 Word Games<br>3:15 Corn Hole<br>Mani-Cares<br>3:45 Mindful Meditation | <b>5</b><br>10:00 AM Exercise<br>10:30 <b>Scenic Ride</b><br>11:15 Nail Care/Reminisce<br>1:30 Seated Yoga<br>2:00 Brain Games<br>3:15 Bean Bag Toss<br>3:45 Classic Sing Along<br>5:30 Nightcap & Movie                                                              | <b>6</b><br>10:00 Wake-up & Workout<br>11:15 Music & Groove<br>Color Artistry<br>1:30 Afternoon Stretch<br>Music & Relaxation<br>2:00 Roll for Trivia<br>3:15 Bowling<br>Rosary (AP)<br>3:45 Uplifting Stories  |
| <b>GRANDPARENTS DAY 7</b><br>Football v Futbol Day<br>Fairy Garden Stroll & Search<br>10:15 <b>Communion w/ OLM</b><br>10:30 Hymns & Snack<br>11:00 Virtual. Service (YT)<br>11:30 Balloon Volley<br>1:00 Patriots Game (CBS)<br>1:30 Football Toss<br>2:00 Brain Games<br>3:15 Futbol: Kick a Goal<br>3:45 Karaoke | <b>8</b><br>10:00 Wake up & Zumba<br>11:15 Brain Games<br>1:30 Afternoon Stretch<br>Music & Relaxation<br>2:00 Word Games<br>3:15 High Rollers<br>Color Artistry<br>3:45 Meditation & Reflection                                                                    | <b>9</b><br>10:00 Wake-up & Workout<br>11:15 Musical "Hot Potato"<br>1:30 Afternoon Stretch<br>2:00 Trivia...Did you Know<br>2:30 <b>Music &amp; Munchies</b><br>w/ <b>Bud Pistachio</b><br>3:15 Balloon Volley<br>Virtual Rosary<br>3:45 Sing Along & Reminisce | <b>10</b><br>10:00 Wake up & Zumba<br>11:15 Table Top Darts<br>Color Artistry<br>1:30 Afternoon Stretch<br>2:00 Armchair Travel<br>2:30 <b>Music &amp; Munchies</b><br>w/ <b>Don &amp; Dave</b><br>3:15 Seated Yoga<br>Music & Meditation<br>3:45 Brain Games | <b>11</b><br>10:00 Wake-up & Workout<br>11:15 Balloon Bash<br>Puzzles<br>1:30 Afternoon Stretch<br>2:00 Word Games<br>3:15 Corn Hole<br>Mani-Cares<br>3:45 Mindful Meditation                                                       | <b>12</b><br>10:00 AM Exercise<br>10:30 <b>Scenic Ride</b><br>11:15 Nail Care/Reminisce<br>1:30 Seated Yoga<br>2:00 Brain Games<br>3:15 Bean Bag Toss<br>3:45 Classic Sing Along<br>5:30 Nightcap & Movie                                                             | <b>13</b><br>10:00 Wake-up & Workout<br>11:15 Music & Groove<br>Color Artistry<br>1:30 Afternoon Stretch<br>Music & Relaxation<br>2:00 Roll for Trivia<br>3:15 Bowling<br>Rosary (AP)<br>3:45 Uplifting Stories |
| <b>14</b><br>10:15 <b>Communion w/ OLM</b><br>10:30 Hymns & Snack<br>11:00 Virtual. Service (YT)<br>11:30 Get up & Move<br>1:30 <b>Sunday Scenic Ride</b><br>2:00 Brain Games<br>3:15 Quarterback Toss<br>3:45 Karaoke                                                                                              | <b>15</b><br>10:00 Wake up & Zumba<br>11:15 Brain Games<br>1:30 Afternoon Stretch<br>Kitchen Creations:<br>apple pie parfait<br>1:30 <b>OLM Mass**</b><br>2:00 Word Games<br>3:15 High Rollers<br>Color Artistry7<br>3:45 Meditation & Reflection                   | <b>16</b><br>10:00 Wake-up & Workout<br>11:15 Musical "Hot Potato"<br>Puzzles<br>1:30 <b>Mystery Ride</b><br>Afternoon Stretch<br>2:00 Trivia...Did you Know<br>3:15 Balloon Volley<br>Virtual Rosary<br>3:45 Sing Along & Reminisce                             | <b>17</b><br>10:00 Wake up & Zumba<br>11:15 Table Top Darts<br>Color Artistry<br>1:30 Afternoon Stretch<br>2:00 Brain Games<br>3:15 Seated Yoga<br>Music & Meditation<br>3:45 Brain Games                                                                     | <b>18</b><br>10:00 Wake-up & Workout<br>11:15 Balloon Bash<br>Puzzles<br>1:30 Afternoon Stretch<br>2:00 Word Games<br>3:15 Corn Hole<br>Mani-Cares<br>3:45 Mindful Meditation                                                       | <b>19</b><br>10:00 AM Exercise<br>10:30 <b>Scenic Ride</b><br>11:15 Nail Care/Reminisce<br>1:30 Seated Yoga<br>2:00 Brain Games<br>2:30 <b>Music &amp; Munchies</b><br>w/ <b>Brad Logan</b><br>3:15 Bean Bag Toss<br>3:45 Classic Sing Along<br>5:30 Nightcap & Movie | <b>20</b><br>10:00 Wake-up & Workout<br>11:15 Music & Groove<br>Color Artistry<br>1:30 Afternoon Stretch<br>Music & Relaxation<br>2:00 Roll for Trivia<br>3:15 Bowling<br>Rosary (AP)<br>3:45 Uplifting Stories |
| <b>21</b><br>10:15 <b>Communion w/ OLM</b><br>10:30 Hymns & Snack<br>11:00 Virtual. Service (YT)<br>11:30 Get up & Move<br>1:30 <b>Sunday Scenic Ride</b><br>2:00 Brain Games<br>3:15 Quarterback Toss<br>3:45 Karaoke                                                                                              | Autumn Begins<br><b>Rosh Hashanah (@ sundown) 22</b><br>10:00 Wake up & Zumba<br>11:15 Brain Games<br>1:30 Afternoon Stretch<br>Crafter's Circle: fall wreath<br>2:00 Word Games<br>3:15 High Rollers<br>Color Artistry<br>3:45 Meditation & Reflection             | <b>23</b><br>10:00 Wake-up & Workout<br>11:15 Musical "Hot Potato"<br>Puzzles<br>1:30 <b>Mystery Ride</b><br>Afternoon Stretch<br>2:00 Trivia...Did you Know<br>3:15 Balloon Volley<br>Virtual Rosary<br>3:45 Sing Along & Reminisce                             | <b>24</b><br>10:00 Wake up & Zumba<br>11:15 Table Top Darts<br>Color Artistry<br>1:30 <b>Tap'n Time w/ Belle</b><br>3:15 Seated Yoga<br>Music & Meditation<br>3:45 Brain Games                                                                                | <b>25</b><br>10:00 Wake-up & Workout<br>11:15 Balloon Bash<br>Puzzles<br>1:30 Afternoon Stretch<br>Kitchen Creations:<br>Apple Nachos<br>2:00 Word Games<br>3:15 Corn Hole<br>Mani-Cares<br>3:45 Mindful Meditation                 | <b>26</b><br>10:00 AM Exercise<br>10:30 <b>Scenic Ride</b><br>11:15 Nail Care/Reminisce<br>1:30 Seated Yoga<br>2:00 Brain Games<br>3:15 Bean Bag Toss<br>3:45 Classic Sing Along<br>5:30 Nightcap & Movie                                                             | <b>27</b><br>10:00 Wake-up & Workout<br>11:15 Music & Groove<br>Color Artistry<br>1:30 Afternoon Stretch<br>Music & Relaxation<br>2:00 Roll for Trivia<br>3:15 Bowling<br>Rosary (AP)<br>3:45 Uplifting Stories |
| <b>28</b><br>10:15 <b>Communion w/ OLM</b><br>10:30 Hymns & Snack<br>11:00 Virtual. Service (YT)<br>11:30 Get up & Move<br>1:30 <b>Sunday Scenic Ride</b><br>2:00 Brain Games<br>3:15 Quarterback Toss<br>3:45 Karaoke                                                                                              | <b>29</b><br>10:00 Wake up & Zumba<br>11:15 Brain Games<br>1:30 Afternoon Stretch<br>Crafter's Circle: Sock Pumpkins<br>2:00 Word Games<br>3:15 High Rollers<br>Color Artistry<br>3:45 Meditation & Reflection                                                      | <b>30</b><br>10:00 Wake-up & Workout<br>11:15 Musical "Hot Potato"<br>Puzzles<br>1:30 <b>Mystery Ride</b><br>Afternoon Stretch<br>2:00 Trivia...Did you Know<br>3:15 Balloon Volley<br>Virtual Rosary<br>3:45 Sing Along & Reminisce                             | <div>  <h1>September</h1> <h2>GRANDVIEW GARDENS 2025</h2> </div>                                                                                                         |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                       | <b>ASPECTS OF LIVING</b><br>Cognitive<br>Musical<br>Life Enrichment<br>Reminisce<br>Health & Fitness<br>Inspirational/Spiritual<br>Social                                                                       |

Subject to change: Daily Schedules Made Available & Displayed in Community

All outings are weather permitting

MEAL TIMES: 12:00-1:00p; 4:30-5:30p