

| August | September 2025 | | | | | |
|---|--|--|---|--|---|--|
| The Seasons Assisted Living, Traditional Community Activities | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 31 | LABOR DAY 1 | 2 | 3 | 4 | 5 | 6 |
| 9:15 Virtual Catholic Mass | 9:15 Crossword Group | 9:15 Crossword Group | 9:15 Crossword Group | 9:15 Crossword Group | 9:15 Crossword Group | 9:15 Crossword Group |
| 10:30 Communion w/ Our Lady of Mercy Church | 10:15 Seated Tai Chi w/ Alex | 10:15 Morning Brain Games | 10:15 Morning Brain Games | 10:15 Morning Brain Games | 10:15 Morning Brain Games | 10:15 Coffee & Chat |
| 11:30 BRUNCH | 11:00 Brain Games | 11:00 Seated Exercise | 11:00 Seated Exercise | 11:00 Seated Exercise w/ Jill | 11:00 Seated Yoga w/ Linda | 11:15 Exercise Group |
| 1:30 Balloon Bash | 1:30 Quarter Bingo | 1:30 Crafting Circle: Fairies | 1:30 Quarter Bingo | 1:30 Horseshoes | 1:30 Quarter Bingo | 1:30 Left/Right/Center (dimes) |
| 1:30 Sunday Matinee (NF) ALI 2001 2:36 This riveting biopic follows Muhammad Ali's (Will Smith) rise to become boxing's greatest and most controversial fighter as he faces bigger battles outside the ring | 3:00 Virtual Rosary (YT) | 3:30 Change Voter Registration Assistance | 3:00 Worship Service & Communion w/ Rev. Cheryl | 2:45 Darts | 1:45 Shopping Trip: Dollar Tree | 2:30 Saturday Matinee (AP) My Fair Lady 1964 2:53 The breathtaking musical extravaganza that won 8 Academy Awards, including Best Picture, starring Audrey Hepburn in the role of Eliza Doolittle, a sassy, working-class London Street vendor, and Rex Harrison as the elitist Professor Higgins. |
| 2:30 Putting Practice | 3:30 Popcorn Pub | 3:45 Dominos (independent) | 3:30 Trivia Pub | 3:30 Live Music w/ Bud Pistacchio | 3:30 Happy Hour | |
| 3:00 Sunday Scenic Ride | 6:30 Holiday Movie Night True Lies 1994 2:21 A fearless, globe-trotting, terrorist-battling secret agent has his life turned upside down when he discovers his wife might be having an affair with a used-car salesman while terrorists smuggle nuclear war heads into the United States. Starring Jaimie Lee Curtis and Arnold Schwarzenegger | 6:30 Mid-Week Movie (AP) The Map That Leads You 2025 1:38 The film follows Heather, a young woman traveling Europe with friends before starting her perfectly planned life. A chance meeting with Jack sparks an unexpected romance that leads to deep emotional discovery. As secrets and life choices test their bond, her path changes forever. Based on the novel by J.P. Monninger. | 6:15 UNO | 6:15 Farkle (dice game) | 6:15 Black Jack (card game—nickels & dimes) | |
| 3:45 Rummikub | | | 7:00 Wheel of Fortune/ Jeopardy Group | 7:00 Wheel of Fortune/ Jeopardy Group | 7:00 Wheel of Fortune/ Jeopardy Group | 2:45 Lawn Darts (Modified) |
| 6:15 Night Cap | | | | | | 3: 45 Nail Care |
| 7:00 Gameshows (GSN) | | | | | | 6:15 Roll A Bingo (dice game) |
| | | | | | | 7:00 Wheel of Fortune/ Jeopardy Group |

September 2025

The Seasons Assisted Living, Traditional Community Activities—**ASSISTED LIVING WEEK; Around the World in 7 Days**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|---|
| Grandparents Day 7 N. America Day Football/Futbol <i>Sport your team</i> At Leisure N. America Fairy Walk (walk around the community & search for all the fairy homes) 9:15 Virtual Catholic Mass 10:30 Communion w/ <i>Our Lady of Mercy Church</i> 11:00 Seated Exercise 1:00 Football or Futbol <i>Patriots v Raiders (CBS)</i> or <i>RI FC v Louisville City (ESPN+)</i> previously aired 1:30 Quarter Back (football toss) 2:00-4:00 Magic Line w/ G'Ann & Refreshments (discover how 2 scribbles becomes a picture to share between generations) --Enjoy a snack and beverage while you wait— 3:00 Tabletop Roll 6:30 Movie Night & Popcorn <i>80 For Brady (PP)</i> 2023 1:38 | 8 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Guest Speaker: Ted MacDonald Machu Pichu/Galapagos 3:00 Virtual Rosary (YT) 3:30 Popcorn Pub 6:15 Nix the Six 7:00 Wheel of Fortune/ Jeopardy Group | 9 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 11:45 Out to Lunch: Circe Prime (Cranston) 1:30 Crafting Circle: Hot-Air Balloon craft 3:30 New Game Scrabble Slam (Card Game) 6:30 Mid-Week Movie (DP) <i>Three Men and a Baby</i> 1987 1:44 A trio of bachelors find a baby girl on their door step. Although only one is named the father (who is away for work); the other two also take on the whirlwind of parenthood while navigating their hectic lives. | 10 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 1:30 Rosary Creation for OLM (independent) 1:45 Prize Bingo 3:30 Virtual Travel Pub 6:15 UNO Bridge Club (independent) 7:00 Wheel of Fortune/ Jeopardy Group | PATRIOT DAY 11 9:15 Crossword Group 10:15 Morning Brain Games 10:28 Moment of Silence 11:00 Seated Exercise w/ Jill 1:45 Horseshoes 2:00 Grief Support Group 2:45 Nail Care 3:30 Live Music w/ Luke Jackson 6:15 Farkle (dice game) 7:00 Wheel of Fortune/ Jeopardy Group | 12 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quarter Bingo 1:45 Shopping Trip: Dave's 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) 7:00 Wheel of Fortune/ Jeopardy Group | 13 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Left/Right/Center (dimes) 2:30 Saturday Matinee(PP) <i>Seabiscuit</i> 2003 2:20 True story of the undersized Depression-era racehorse whose victories lifted not only the spirits of the team behind it but also those of the nation as well 2:45 Lawn Darts 3: 45 Nail Care 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group |

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated: 8/28/25

September 2025

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|---|
| 9:15 Virtual Catholic Mass 10:30ish Communion w/ OLM 11:15 Seated Exercise 1:00 Patriots Game (CBS) 1:30 Roll a Goal 1:30 Sunday Matinee (AP) <i>Phantom of the Opera</i> 2005 2:21 This classic Broadway musical modified for the screen. A young soprano becomes the obsession of a disfigured and murderous musical genius who lives beneath the Paris Opéra House 2:45 Putting Practice 3:00 Journaling/Reminisce Group <i>A time you felt true happiness</i> 3:45 Rummikub 6:00 Night Cap & Emmy's | 15 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:15 Sacrament of Confession 1:30 Catholic Mass w/ OLM 2:15 Quarter Bingo (quarter/card) 3:30 Popcorn Pub 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group | 16 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Crafting Circle 3:30 Something Fishy Aquarium Tour 3:45 Dominos (independent) 6:30 Mid-Week Movie (AP) <i>Death Becomes Her</i> 1992 1:43 Aging beauties Meryl Streep and Goldie Hawn wage war for the affection of Bruce Willis while defeating mortality and effects of aging | 17 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quarter Bingo 3:30 Virtual Travel Pub <i>Engine Levy Reluctant Traveler (AP)</i> 6:15 UNO Bridge Club (independent) 7:00 Wheel of Fortune/ Jeopardy Group | 18 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 11:45 Lighthouse Boat Cruise & Lunch (pre-register) 1:30 Darts 2:45 Nail Care 3:30 Live Music w/ Brad Logan 6:15 Farkle (dice game) 7:00 Wheel of Fortune/ Jeopardy Group | 19 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:45 Shopping Trip: CVS 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) 7:00 Wheel of Fortune/ Jeopardy Group | 20 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Left/Right/Center (dimes) 3:30 Live music w/ Bouchard Trio 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group |

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Last Updated: 9/11/25

September 2025

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| <p>21</p> <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ OLM</p> <p>11:15 Seated Exercise</p> <p>1:00 Patriots Game (CBS)</p> <p>1:30 Roll a Goal</p> <p>1:30 Sunday Matinee (PP) <i>La Bamba</i> 1987 1:48 Los Angeles teenager Ritchie Valens (Lou Diamond Phillips) becomes an overnight rock 'n' roll success in 1958, thanks to a love ballad called "Donna" that he wrote for his girlfriend (Danielle von Zerneck) whose parents didn't want her to date a Latino boy</p> <p>3:00 Journaling/Reminisce Group</p> <p>3:00 Shopping Trip: Confreda's Farm Stand</p> <p>6:15 Word Games</p> <p>7:00 Gameshows (GSN)</p> | <p>22</p> <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo</p> <p>3:00 Virtual Rosary (YT)</p> <p>3:30 Popcorn Pub</p> <p>6:15 Scrabble Slam (Card Game)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>23</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle:</p> <p>3:30 Book Club w/ Jessica</p> <p>6:30 Mid-Week Movie (NF) <i>Boys on the Side</i> 1995 1:56 Robin shares a ride in her car with Jane from New York to Los Angeles. They stop at Jane's friend Holly's place in Pittsburgh and take her with them west, making a long stop in Tucson. The three very different women become close friends. Starring: Drew Barrymore; Woopie Goldberg; Mary-Louise Parker; Mathew McConaughey</p> | <p>24</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba</p> <p>1:30 Quarter Bingo</p> <p>2:45 Tap'n Time w/ Belle</p> <p>3:30 Virtual Travel Pub <i>Engine Levy Reluctant Traveler (AP)</i></p> <p>6:15 UNO</p> <p>6:15 Bridge Club (independent)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>25</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise w/ Jill</p> <p>11:30 Men's Group Lunch Outing Greenwood Inn</p> <p>1:45 Horseshoes</p> <p>2:00 Grief Support Group</p> <p>2:45 Nail Care</p> <p>3:30 Live Music w/ Mary Lou</p> <p>6:15 Farkle (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>26</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Floral Arrangements w/ Sally Gruber</p> <p>1:45 Shopping Trip: TJ Maxx</p> <p>3:30 Happy Hour</p> <p>6:15 Black Jack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>27</p> <p>9:15 Crossword Group</p> <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Left/Right/Center (dimes)</p> <p>2:30 Saturday Matinee (DP) 2000 1:55 <i>Remember the Titans</i> Based on real events, this remarkable story celebrates how a town torn apart by friction and mistrust comes together in triumphant harmony. Starring Will Patton and Denzel Washington</p> <p>2:45 Darts</p> <p>3:45 Nail Care</p> <p>6:15 Roll A Bingo (dice game)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> |

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All Outings are Weather Permitting.

Last Updated: 9/17/25

September 2025

October 2025

Type Healthcare, Assisted Living, Independent Activities, etc. here.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|---|--|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 Sunday Matinee (Fox) NFL FOOTBALL Patriots vs Panthers 1:30 Roll a Goal 2:45 Putting Practice 3:00 Garden Group Shopping Plants for boxes 3:45 Rummikub 6:15 High Stakes Bingo & “Boos” \$1/card and drinks 7:00 Gameshows (GSN) | 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo 3:00 Virtual Rosary (YT) 3:30 Popcorn Pub 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 12:00 MONTHLY BIRTHDAY LUNCHEON 1:30 Crafting Circle: Canvas tote 3:30 Welcome New Residents Happy Hour 6:30 Mid-Week Movie (HM) My Favorite Wife 1940 1:29 Cary Grant and Irene Dunne star in this classic romantic comedy about a man with one spouse too many ... and the resulting legal and romantic dilemma. | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quarter Bingo 3:00 Worship & Communion w/ Rev. Cheryl 3:30 Trivia Pub 6:15 UNO 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Darts 2:45 Horseshoes 3:30 Live Music w/ Bob Trembley 6:15 Farkle (dice game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:45 Shopping Trip: Ocean State Job Lot 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Left/Right/Center (dimes) 2:30 Saturday Matinee (NF) My Oxford Year 2025 1:52 A driven American grad student (Sofia Carson) falls in love at Oxford in this warm, witty, and profound love story on the beloved bestselling novel. 2:45 Darts 3: 45 Nail Care 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group |

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Last Updated: 9/20/25