September 2025

October 2025

The Seasons Assisted Living, Traditional Community Activities

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|---|--|---|--|--|---|---|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| 28 | 29 | 30 | 1 | 2 | ; | 3 | | |
| 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 Sunday Matinee (Fox) NFL FOOTBALL Patriots vs Panthers 1:30 Roll a Goal 2:45 Putting Practice 3:00 Garden Group Shopping Plants for boxes 3:45 Rummikub 6:15 High Stakes Bingo & "Boos" \$1/card and drinks 7:00 | 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo 3:00 Virtual Rosary (YT) 3:30 Popcorn Pub 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 12:00 MONTHLY BIRTHDAY LUNCHEON 1:30 Crafting Circle: Canvas tote 3:30 Welcome New Residents Happy Hour 6:30 Mid-Week Movie (HM) My Favorite Wife 1940 1:29 Cary Grant and Irene Dunne star in this classic romantic comedy about a man with one spouse too many and the resulting legal and romantic dilemma. | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quarter Bingo 3:00 Worship & Communion w/ Rev. Cheryl 3:30 Trivia Pub 6:15 UNO 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 "Write To Grow" 1:30 Toss Across 2:45 Horseshoes 3:30 Live Music w/ Bob Trembley 6:15 Farkle (dice game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:45 Shopping Trip: Ocean State Job Lot 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Left/Right/Center (dimes) 2:30 Saturday Matinee (NF) My Oxford Year 2025 1:52 A driven American grad student (Sofia Carson) falls in love at Oxford in this warm, witty, and profound love story on the beloved bestselling novel. 2:45 Darts 3: 45 Nail Care 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ | | |

SPIRIT WEEK

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|--|
| 9:15 Virtual Catholic Mass | FLANNEL DAY 6 Nothing feels more like autumn than flannel | TWIN DAY 7 Dess alike with another resident | SWEATA WEATHA 8 Wear your favorite "Sweata" | FUN SOCK DAY 9 Show off your "fun & funky" socks | FOOTBALL FRIDAY 10 Support your favorite team by wearing attire/colors | 9:15 Crossword Group |
| 10:30 Communion w/ | 9:15 | 9:15 | 9:15 Crossword Group | Flu Clinic 1-3 | | 10:15 Coffee & Chat |
| Our Lady of Mercy Church 11:15 | Crossword Group 10:15 | Crossword Group | 10:15 | 9:15 Crossword Group | 9:15 Crossword Group | 11:15 Exercise Group |
| Seated Exercise | Seated Tai Chi w/ Alex | 10:15 Morning Brain Games | Morning Brain Games 11:00 | 10:15 Morning Brain Games | 10:15 Morning Brain Games | 1:30 Left/Right/Center (dimes) |
| 1:30 Roll-a-Goal | 11:00 | 11:00 Seated Exercise | Seated Zumba w/ Monica | 11:00 | 11:00 | 1:30 Bridge Club (Independent) |
| 1:30 Sunday Matinee (NF) Eat Pray Love 2010 2:20 | Brain Games 1:30 TOWN HALL | 1:30 Crafting Circle: Paint Halloween Door Decor | 1:30 Special Presentation: w/ George Salter, World Travel Photographer | Seated Exercise w/ Jill 1:30 Horseshoes | Seated Exercise 1:30 Bank Run | 2:30 Saturday Matinee (AP) Fly Me to The Moon 2024 2:12 |
| After Deciding to reshape her live after divorce, Liz travel all over the world in search of good food, spirituality and true love. | 2:30 Quarter Bingo | 3:30 Skip-bo | 3:30 Trivia Pub | 2:30 Nail Care | 1:30 Quarter Bingo | Set against the backdrop of NASA's Apollo 11 moon landing Marketing maven Kelly Jones (Scarlett Johansson) wreaks havoc |
| (starring Julia Roberts) 2:45 | 3:30 Popcorn Pub | 6:15 Dominos (Independent) | 6:15 Uno | 3:30 Live Music w/ Lady D | 3:30 Happy Hour | on NASA launch director Cole Davis's (Channing Taum) already difficult task. When the White House deems the mission too |
| Rummikub 3:00 Laurnaling/Raminisaa | 6:15 Poetry & Prose w/ Ava (Santella's Daughter | 6:30 Mid-Week Movie (NF) | 6:15 Bridge Club | 6:15 Farkle (dice game) | 6:15 Black Jack (card game—nickels & | important to fail, the countdown truly begins 2:45 |
| Journaling/Reminisce 3:45 Putting Practice | As a retired English Instructor, Ava will share and discuss poems and short stories and invite you to share | Dirty Dancing 1987 1:40 Spending the summer at a Catskills resort with her family, Frances "Roby" Houseman falls | (Independent) 7:00 Wheel of Fortune/ | 7:00 Netflix Series: Man on the Inside | dimes) 7:00 Wheel of Fortune/ | Darts 3: 45 Nail Care |
| 6:15 Trivia Night | your critique and thoughts) 7:00 | Frances "Baby" Houseman falls in love with the camp's dance instructor, Johnny Castle. Everyone learns "Nobody Puts | Jeopardy Group | Episodes 3 & 4 | Jeopardy Group | 6:15 Roll A Bingo (dice game) |
| 7:00 Gameshow Groupies (GSN) | Wheel of Fortune/ Jeopardy Group | Baby in the Corner" (Staring Patrick Swayze & Jennifer Grey) | | | | 7:00 Wheel of Fortune/ Jeopardy Group |

Last Updated: 10/4/25

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|---|
| 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 Patriots vs Saints (CBS) 1:30 Roll-a-Goal 1:30 Sunday Matinee TBD 2:45 Rummikub 3:15 Scenic Ride 3:45 | Columbus Day/ 13 Indigenous Peoples Day 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quartr Bingo 3:00 Virtual Rosary (AP) 3:30 Pub & Live Music w/ Don & Dave 6:30 Holiday Movie Night TBD | 714 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Crafting Circle: 3:30 Skip-bo (card game) 6:15 Dominos (Independent) 6:30 Mid-Week Movie | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quartr Bingo 3:30 Virtual Travel Pub Reluctant Traveler w/ Eugene Levy (AP) 6:15 Uno 6:15 | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Horseshoes 2:30 Action Steps Seminar on Fall Prevention 3:30 Live Music w/ Mike Coletta 6:15 Farkle (dice game) 7:00 | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:30 Shopping Trip: Five Below 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) | 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Left/Right/Center (dimes) 1:30 Bridge Club (Independent) 2:30 Saturday Matinee TBD 2:45 Darts 3: 45 Nail Care |
| 3:45 Putting Practice 6:15 Trivia Night 7:00 Gameshow Groupies (GSN) | | | Bridge Club (Independent) 7:00 Wheel of Fortune/ Jeopardy Group | 7:00 Netflix Series: Man on the Inside Episodes 5 & 6 | 7:00 Wheel of Fortune/ Jeopardy Group | 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group |

Last Updated: 10/5/25

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|---|
| 9:15 | 9:15 | 21 | 22 | PUMPKIN JUDGING 23 11-4 | 24 | Trick-or-Treat 29 The Season 2:00-4:30 |
| Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church | Crossword Group 10:15 Seated Tai Chi w/ Alex | 9:15 Crossword Group 10:15 Morning Brain Games | 9:15 Crossword Group 10:15 Morning Brain Games | 9:15 Crossword Group 10:15 Morning Brain Games | 9:15 Crossword Group 10:15 Morning Brain Games | 9:15 Crossword Group 10:15 |
| 11:15 Seated Exercise | 11:00 Brain Games | 11:00 Seated Exercise | 11:00 Seated Exercise | 11:00 Seated Exercise w/ Jill | 11:00 Seated Yoga w/ Linda | Coffee & Chat |
| 1:00 Patriots vs Titans (CBS) | 1:10 Sacrament of Confession | 1:30 Crafting Circle: | 1:30 Quartr Bingo | 12:00 Lunch Outing: Dan's Place | 1:30 Quarter Bingo | 11:15 Exercise Group |
| 1:30 Roll-a-Goal | 1:30 Catholic Mass w/ Fr. Brodeur | 3:30 Resident Activity Council | 2:45 Tap'n Time w/ Belle | 1:30 Horseshoes | 1:30 Shopping Trip: | 1:30 Left/Right/Center (dimes) |
| 1:30 Sunday Matinee TBD | 2:30 | 6:30 Mid-Week Movie TBD | 3:30 Virtual Travel Pub | 2:00 Grief Group | CVS 3:30 | 1:30 Bridge Club (Independent) |
| 2:45 Rummikub | Quartr Bingo 3:30 | Wild-Week Wiovie TDD | Reluctant Traveler w/ Eugene Levy (AP) | 2:30 | Happy Hour | 2:45 Nail Care |
| 3:45 Putting Practice 6:15 | Popcorn Pub 6:15 Scrabble Slam | | 6:15 Uno 6:15 | Nail Care 3:30 Sing Along | 6:15 Black Jack (card game—nickels & dimes) | 3:30 Live Music w/ Janine Andrews |
| Trivia Night 7:00 | 7:00 Wheel of Fortune/ | | Bridge Club (Independent) | 6:15 Farkle | 7:00 Wheel of Fortune/ | 6:15 Roll A Bingo (dice game) |
| Gameshow Groupies (GSN) | Jeopardy Group | | 7:00 Wheel of Fortune/ Jeopardy Group | (dice game) 7:00 Netflix Series: Man on the Inside Episodes 7 & 8 | Jeopardy Group | 7:00 Wheel of Fortune/ Jeopardy Group |

Last Updated: 10/5/25

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|---|--|--|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 26 | 27 | 28 | 29 | 9:15 | 31 HAPPY HALLOWEEN | |
| 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 Patriots vs Browns (Fox) 2:45 Rummikub 3:45 Putting Practice 6:15 Bingo & "Boos" (nightcap) (Game begins at 6:30) 7:00 Gameshow Groupies (GSN) | 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Quarter Bingo 3:00 Virtual Rosary (YT) 3:30 Popcorn Pub 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 12:00 Oct. Birthday Luncheon 1:30 Crafting Circle 3:30 New Resident Welcome Pub 6:30 Mid-Week Movie TBD | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Quartr Bingo 3:30 Pub & Live Music w/ The Illusions 6:15 Uno 6:15 Bridge Club (Independent) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Toss Across 2:30 Horseshoes 3:30 Music Trivia 6:15 Farkle (dice game) 7:00 Wheel of Fortune/ Jeopardy Group | 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Flowers Arrangement w/ Sally Gruber 1:30 Shopping Trip: CVS 3:30 Spooks & Spirits Pub 6:15 Black Jack (card game—nickels & dimes) 7:00 Wheel of Fortune/ | 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 All Saints Day Service w/ Rev. Cheryl 2:30 Left/Right/Center (dimes) 2:30 Saturday Matinee TBD 3: 45 Nail Care 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ |

Nov

Last Updated: 10/5/25