

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAILY PROGRAMS Unless otherwise noted <i>* Escort required to AL</i> 9:15 Uplifting News/Events 10:15 Feeding of the Fish 10:30 AM Snack & Refresh 1:00 Daily Chronicles 2:30 Snack & Social 5:15 Mindful Unwind 5:40 Movie/Classic Series	1 9:45 Morning Zumba 11:00 Bullseye 11:30 Brain Games 1:30 Monday Move & Groove 2:00 Word Games 3:00 “Reminisce & Now” 3:45 High Rollers Virtual Rosary	2 9:45 Wake-up & Workout 11:00 Tic-Tac-Toe Toss 11:30 Did You Know...Trivia 1:30 Mystery Ride Nails & Reminisce 2:30 Socialize & Snack 3:00 Sing Along 3:45 Balloon Volley	3 9:45 Wake-up & Workout 11:00 Mini Shuffleboard 11:30 Word Games 1:30 Walk & Stretch 2:00 Worship Service & Communion w/ Rev. Cheryl 3:00 Who Sings It? 3:45 Floor Bull’s Eye	Annual Tree Lighting 4 9:45 Morning Stretch 11:00 Snowball Toss 11:30 What/Who Am I 1:30 Nail Care & Reminsice 3:00 Tree Lighting Festivities -Santa -Carolers -Cocktail Hour 5:30 Christmas Movie	5 9:45 AM Exercise 10:45 Scenic Ride Nail Care/Reminisce 1:30 Afternoon Stretch 2:00 Ring Toss 3:00 Live Music w/ Bob T. 4:00 Brain Games 5:30 Nightcap & Movie	6 9:45 Wake-up & Workout 11:00 Music & Groove 1:30 Mindful Stretch 2:00 Prize Bingo 3:00 Armchair Travel/Discuss 3:45 Bowling Virtual Rosary (AP)
7 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:30 Music & Munchies w/ Joan Sherlock 3:00 <i>Using your Senses</i> 3:45 Quarterback Toss	8 9:45 Morning Zumba 11:00 Bullseye 11:30 Brain Games 1:30 Monday Move & Groove Crafting Creations 2:00 Word Games 3:00 “Reminisce & Now” 3:45 High Rollers Virtual Rosary	9 9:45 Wake-up & Workout 11:00 Tic-Tac-Toe Toss 11:30 Did You Know...Trivia 1:30 Mystery Ride Nails & Reminisce 2:30 Socialize & Snack 3:00 Sing Along 3:45 Balloon Volley	10 9:45 Wake-up & Workout 11:00 Mini Shuffleboard 11:30 Word Games 1:30 Walk & Stretch Kitchen Creations 2:00 “Life Story” Reminisce 3:00 Who Sings It? 3:45 Floor Bull’s Eye	11 9:45 Morning Cardio 11:00 Balloon Bash 11:30 What/Who Am I 1:30 Seated Yoga 1:30 Crafting w/ Playbreak Salt-dough ornaments 2:00 Word Games 3:00 Poetry/Prose Mani-Cares 3:45 Snowball Toss	12 9:45 AM Exercise 10:45 Scenic Ride Nail Care/Reminisce 1:30 Exercise w/ Danielle 2:00 Brain Games 3:00 Sing Along 3:45 Ring Toss 5:30 Nightcap & Movie	13 9:45 Wake-up & Workout 11:00 Music & Groove 1:30 Mindful Stretch 1:30 Bells of Praise Bell Choir * 2:00 Prize Bingo 3:00 Armchair Travel/Discuss 3:45 Bowling Virtual Rosary (AP)
HANUKKAH BEGINS 14 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:00 Brain Games 3:00 <i>Using your Senses</i> 3:45 Quarterback Toss	15 9:45 Morning Zumba 11:00 Bullseye 11:30 Brain Games 1:30 Monday Move & Groove Crafting Creations 1:30 Catholic Mass OLM * 2:00 Word Games 3:00 “Reminisce & Now” 3:45 High Rollers Virtual Rosary 5:30 Christmas Light Drive	16 9:45 Wake-up & Workout 11:00 Tic-Tac-Toe Toss 11:30 Did You Know...Trivia 1:30 Mystery Ride 1:30 Combined Creations Cookies & Decoration 2:30 Socialize & Snack 3:00 Faith Circle w/ Minister Shakera 3:30 Balloon Volley	17 8:00 Dr. Golden Pod. 9:45 Wake-up & Workout 11:00 Mini Shuffleboard 11:30 Word Games 1:30 Walk & Stretch Kitchen Creations 2:00 “Life Story” Reminisce 3:00 Who Sings It? 3:45 Floor Bull’s Eye	18 9:45 Morning Cardio 11:00 Balloon Bash 11:30 What/Who Am I 1:30 Seated Yoga 1:45 Outing: Coffee/Cocoa 2:00 Word Games 3:00 Poetry/Prose Mani-Cares 3:45 Snowball Toss	10-2 Bea Smith Clothing Sale* 19 9:45 AM Exercise 10:45 Scenic Ride Nail Care/Reminisce 1:30 Afternoon Stretch 2:00 Ring Toss 2:30 Music & Munchies w/ Don & Dave 3:45 Ring Toss 5:30 Nightcap & Movie	20 9:45 Wake-up & Workout 11:00 Music & Groove 1:30 Mindful Stretch 2:00 Prize Bingo 3:00 Armchair Travel/Discuss 3:45 Bowling Virtual Rosary (AP)
WELCOME WINTER 21 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:00 Brain Games 3:00 <i>Using your Senses</i> 3:45 Quarterback Toss 5:45 PJs & Movie Party	HANUKKAH ENDS 22 9:45 Morning Zumba 11:00 Bullseye 11:30 Brain Games 1:30 Monday Move & Groove Crafting Creations 2:00 Word Games 3:00 “Reminisce & Now” 3:45 High Rollers Virtual Rosary	23 9:45 Wake-up & Workout 11:00 Tic-Tac-Toe Toss 11:30 Did You Know...Trivia 1:30 Mystery Ride Nails & Reminisce 2:30 Music & Munchies Bud P 3:00 Trivia 3:45 Balloon Volley	24 9:45 Wake-up & Workout 11:00 Mini Shuffleboard 11:30 Word Games 1:30 Walk & Stretch Kitchen Creations 2:00 “Life Story” Reminisce 3:00 Who Sings It? 3:45 Floor Bull’s Eye	CHRISTMAS DAY 25 PLEASE REFER TO DAILY SCHEDULE FOR AVAILABLE PROGRAMS	26 9:45 AM Exercise 10:45 Scenic Ride Nail Care/Reminisce 1:30 Exercise w/ Danielle 2:00 Brain Games 3:00 Sing Along 3:45 Ring Toss 5:30 Nightcap & Movie	27 9:45 Wake-up & Workout 11:00 Music & Groove 1:30 Mindful Stretch 2:00 Prize Bingo 3:00 Armchair Travel/Discuss 3:45 Bowling Virtual Rosary (AP)
28 10:15 Communion w/ OLM 10:30 Hymns & Snack 11:00 Virtual. Service (YT) 11:30 Get up & Move 1:30 Sunday Scenic Ride 2:00 Brain Games 3:00 <i>Using your Senses</i> 3:45 Quarterback Toss	29 9:45 Morning Zumba 11:00 Bullseye 11:30 Brain Games 1:30 Monday Move & Groove Crafting Creations 2:00 Word Games 3:00 “Reminisce & Now” 3:45 High Rollers Virtual Rosary	30 9:45 Wake-up & Workout 11:00 Tic-Tac-Toe Toss 11:30 Did You Know...Trivia 1:30 Mystery Ride Nails & Reminisce 2:30 Socialize & Snack 3:00 Sing Along 3:45 Balloon Volley	NEW YEAR’S EVE 31 9:45 Wake-up & Workout 11:00 Mini Shuffleboard 11:30 Word Games 1:30 Walk & Stretch Kitchen Creations 2:00 “Life Story” Reminisce 3:00 Who Sings It? 3:45 Floor Bull’s Eye 5:30 NYE Party w/ Don & Dave	DECEMBER GRANDVIEW GARDENS 2025 ASPECTS OF LIVING Cognitive Musical Life Enrichment Reminisce Health & Fitness Inspirational/Spiritual Social		