

<div> <div>Nov</div> <div>December 2025</div> </div>		The Seasons Assisted Living, Traditional Community Activities				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>30</div> <div> <div>9:15</div> <div>Virtual Catholic Mass</div> </div> <div> <div>10:30</div> <div>Communion w/ Our Lady of Mercy Church</div> </div> <div> <div>11:15</div> <div>Seated Exercise</div> </div> <div> <div>1:30</div> <div>Dollar Bingo</div> </div> <div> <div>3:00</div> <div>Sunday Matinee (DP) The Greatest Showman 2017 1:47 An original musical inspired by the life of P.T. Barnum, starring Hugh Jackman. Barnum was a visionary who rose from nothing to create the “Greatest Show on Earth”, a spectacle and celebration of his larger-than-life imagination that captivated audiences around the globe.</div> </div> <div> <div>3:00</div> <div>Conversation & Reminisce Group</div> </div> <div> <div>6:15</div> <div>Trivia Night</div> </div> <div> <div>7:00</div> <div>Gameshow Groupies (GSN)</div> </div>	<div>1</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Seated Tai Chi w/ Alex</div> </div> <div> <div>11:00</div> <div>Brain Games</div> </div> <div> <div>1:45</div> <div>Virtual Music Experience (AP) 2023 1:29 The Journey: A Music Special from Andrea Bocelli Merging world-class music with intimate conversations in the awe-inspiring Italian countryside, The Journey is an exploration of the moments that define us, the songs that inspire us, and the relationships that connect us to what matters</div> </div> <div> <div>3:30</div> <div>Popcorn Pub</div> </div> <div> <div>6:15</div> <div>Scrabble Slam (Card Game)</div> </div> <div> <div>7:00</div> <div>Wheel of Fortune/ Jeopardy Group</div> </div> <div> <div>8:15</div> <div>NFL FOOTBALL Patriots vs Giants (ESPN/Ch. 30)</div> </div>	<div>2</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Morning Brain Games</div> </div> <div> <div>11:00</div> <div>Seated Exercise</div> </div> <div> <div>1:30</div> <div>Crafting Circle TBD</div> </div> <div> <div>3:30</div> <div>Live Music w/ The Illusions</div> </div> <div> <div>6:30</div> <div>Mid-Week Movie (pp) Ghost 1990 2:06 In this romantic drama, after a young man (Patrick Swayze) is murdered his spirit stays behind to warn his lover (Demi Moore) of impending danger, with the help of a reluctant psychic (Whoopi Goldberg).</div> </div>	<div>3</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Morning Brain Games</div> </div> <div> <div>11:00</div> <div>Seated Exercise</div> </div> <div> <div>1:30</div> <div>Themed Quarter Bingo</div> </div> <div> <div>3:00</div> <div>Worship Service & Communion W/ Rev. Cheryl</div> </div> <div> <div>3:30</div> <div>Popcorn Happy Hour</div> </div> <div> <div>6:15</div> <div>UNO</div> </div> <div> <div>7:00</div> <div>Wheel of Fortune/ Jeopardy Group</div> </div>	<div>4</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Morning Brain Games</div> </div> <div> <div>11:00</div> <div>Seated Exercise w/ Jill</div> </div> <div> <div>1:30</div> <div>Nail Care</div> </div> <div> <div>2:45</div> <div>Trivia</div> </div> <div> <div>4:00-6:00</div> <div>Annual Tree Lighting Festivities -Pictures w/ Santa -Cocktails & Hors d'oeuvres -Victorian Carolers</div> </div> <div> <div>6:30</div> <div>Holiday Movie w/ Bagged Dinner Bring your bagged dinner and enjoy while you watch a holiday movie Miracle on 34th Street (1994) A Lawyer and a young girl must prove in the courts that a man claiming to be Santa Claus is the real thing.</div> </div>	<div>5</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Morning Brain Games</div> </div> <div> <div>11:00</div> <div>Seated Yoga w/ Linda</div> </div> <div> <div>1:30</div> <div>Themed Quarter Bingo</div> </div> <div> <div>3:30</div> <div>Happy Hour</div> </div> <div> <div>6:15</div> <div>Black Jack (card game—nickels & dimes)</div> </div> <div> <div>7:00</div> <div>Wheel of Fortune/ Jeopardy Group</div> </div>	<div>6</div> <div> <div>9:15</div> <div>Crossword Group</div> </div> <div> <div>10:15</div> <div>Coffee & Chat</div> </div> <div> <div>11:15</div> <div>Exercise Group</div> </div> <div> <div>1:30</div> <div>Quarter Pokeno</div> </div> <div> <div>2:45</div> <div>Darts</div> </div> <div> <div>3:00</div> <div>Saturday Matinee (DP) Night at the Museum 2006 1:50 A newly recruited night security guard at the Museum of Natural History discovers that an ancient curse causes the animals and exhibits on display to come to life and wreak havoc. He must keep the secret while maintaining order to keep his job.</div> </div> <div> <div>3:30</div> <div>Nail Care</div> </div> <div> <div>6:15</div> <div>Roll A Bingo (dice game)</div> </div> <div> <div>7:00</div> <div>Wheel of Fortune/ Jeopardy Group</div> </div>

December 2025

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:30 Yahtzee 2:00 NK Community Concert @ NK High School 2:30 Dominos 3:00 Sunday Matinee TBD 3:30 Conversation & Reminisce Group 6:15 Trivia Night 7:00 Gameshow Groupies (GSN)	9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:30 Themed Quarter Bingo 3:00 Virtual Rosary 3:30 Popcorn Pub 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group	9:15 Crossword Group 10:00 Brain Games (AP) Episode 1 Hack into the ultimate supercomputer--the human brain--as Hollywood filmmakers use color, light, motion, depth and sound to create mind- bending sensory illusions. 11:15 (adjusted time) Seated Exercise 1:30 Crafting Circle TBD 3:15 Shopping Trip TJ Maxx 3:30 Virtual Musical Special (AP) 0:53 Spend the Holidays w/ Liberace 6:30 Mid-Week Movie TBD	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Zumba w/ Monica 1:30 Themed Quarter Bingo 3:30 Popcorn Happy Hour 6:15 UNO 7:00 Wheel of Fortune/ Jeopardy Group	NO Comm Room 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Nail Care 2:45 Trivia 3:30 Live Music w/ Chris M 6:15 Farkle 7:00 Wheel of Fortune/ Jeopardy Group	9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:30 Shopping Trip Marshalls 3:30 Happy Hour 6:15 Black Jack (card game—nickels & dimes) 7:00 Netflix Special The Man on the Inside Season 2, Episodes 3 & 4	9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30-2:00 Bells of Praise Bell Choir 2:15 Nail Care 2:30 Saturday Matinee TBD 3:30 Darts 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated: 11/30/25.

December 2025

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hanukkah Begins 14 9:15 Virtual Catholic Mass 10:30 Communion w/ Our Lady of Mercy Church 11:15 Seated Exercise 1:00 Patriots vs Bills (ch. 12) 1:30 Yahtzee 2:45 Sunday Matinee (DP) TBD 2:45 Shopping Trip TBD 4:30 Lighting the Menorah 6:30 Holiday Light Drive	15 9:15 Crossword Group 10:15 Seated Tai Chi w/ Alex 11:00 Brain Games 1:10 Sacrament of Confession w/ Fr. Brodeur 1:30 Catholic Mass 2:15 Themed Quarter Bingo 3:30 Popcorn Pub 4:30 Lighting the Menorah 6:15 Scrabble Slam (Card Game) 7:00 Wheel of Fortune/ Jeopardy Group	16 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Kitchen Creations Sugar Cookies w/ GVG 3:30 Holiday Trivia 3:45 Residents of Faith w/ Minister Shakera 4:30 Lighting the Menorah 6:30 Mid-Week Movie TBD	17 8:00 Dr. Golden Podiatry 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise 1:30 Themed Quarter Bingo 3:30 Popcorn Happy Hour 4:30 Lighting the Menorah 6:00 Live Music w/ The Amigos 7:30 Jeopardy Group	18 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Exercise w/ Jill 1:30 Nail Care 2:00 Grief Support Group 2:30 Conversation/Reminisce Group 3:30 Live Music w/ Mike Coletta 4:30 Lighting the Menorah 6:15 Farkle 7:00 Wheel of Fortune/ Jeopardy Group	19 10:00 - 2 :00 Bea Smith Clothes 9:15 Crossword Group 10:15 Morning Brain Games 11:00 Seated Yoga w/ Linda 1:30 Quarter Bingo 1:30 Shopping Trip Ocean State Job Lot 3:30 Happy Hour 4:30 Lighting the Menorah 6:15 Black Jack (card game—nickels & dimes) 7:00 7:00 Netflix Special The Man on the Inside Season 2, Episodes 5 & 6	20 9:15 Crossword Group 10:15 Coffee & Chat 11:15 Exercise Group 1:30 Darts 2:30 Nail Care 3:30 Live Music w/ Bouchard Group 4:30 Lighting the Menorah 6:15 Roll A Bingo (dice game) 7:00 Wheel of Fortune/ Jeopardy Group

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December 2025

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:15 Virtual Catholic Mass	9:15 Crossword Group	9:15 Crossword Group	9:15 Crossword Group	MERRY CHRISTMAS PLEASE REFER TO DAILY SCHEDULE FOR AVAILABLE PROGRAMS	9:15 Crossword Group	9:15 Crossword Group
10:30 Communion w/ Our Lady of Mercy Church	10:15 Seated Tai Chi w/ Alex	10:15 Morning Brain Games	10:15 Morning Brain Games		10:15 Morning Brain Games	10:15 Coffee & Chat
11:15 Seated Exercise	11:00 Brain Games	11:00 Seated Exercise	11:00 Seated Zumba w/ Monica		11:00 Seated Yoga w/ Linda	11:15 Exercise Group
1:00 Patriots vs Ravens (ch. 12)	1:30 Themed Quarter Bingo	1:30 Crafting Circle	1:30 Themed Quarter Bingo		1:30 Quarter Bingo	1:30 Darts
1:30 Yahtzee	3:00 Virtual Rosary	3:15 Book Club Movie & Drinks: (AP) <i>The Unlikely Pilgrimage of Harold Fry</i> 2025 1:45	3:30 Popcorn Happy Hour		1:30 Shopping Trip TBD	2:30 Nail Care
2:45 Sunday Matinee (DP)	3:30 Popcorn Pub	6:30 Holiday Mid-Week Movie TBD	6:30 Holiday Movie TBD		3:30 Happy Hour	3:30 Live Music w/ Janine Andrews
3:00 Shopping Trip	6:15 Scrabble Slam (Card Game)		7:00 Wheel of Fortune/ Jeopardy Group		6:15 Black Jack (card game—nickels & dimes)	6:15 Roll A Bingo (dice game)
4:30 Lighting the Menorah	7:00 Wheel of Fortune/ Jeopardy Group				7:00 Netflix Special <i>The Man on the Inside</i> Season 2, Episodes 7 & 8	7:00 Wheel of Fortune/ Jeopardy Group
6:30 Twas the Night Before Christmas PJ Pub						

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Last Updated: 11/30/25.



December 2025

The Seasons Assisted Living, Traditional Community Activities



January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	New Years Eve 31	Happy New Year 1	2	3
9:15 Virtual Catholic Mass	9:15 Crossword Group	9:15 Crossword Group	9:15 Crossword Group	9:15 Crossword Group	9:15 Crossword Group	9:15 Crossword Group
10:30 Communion w/ Our Lady of Mercy Church	10:15 Seated Tai Chi w/ Alex	10:15 Morning Brain Games	10:15 Morning Brain Games	10:15 Morning Brain Games	10:15 Morning Brain Games	10:15 Coffee & Chat
11:15 Seated Exercise	11:00 Brain Games	11:00 Seated Exercise	11:00 Seated Zumba w/ Monica	11:00 Exercise Group	11:00 Seated Yoga w/ Linda	11:15 Exercise Group
1:00 Patriots vs Jets (ch. 12)	1:30 Themed Quarter Bingo	1:30 Crafting Circle	2:00 Live Music w/ The Illusions	1:30 Darts	1:30 Quarter Bingo	1:30 Darts
1:30 Yahtzee	3:00 Virtual Rosary	3:15 Conversation/Reminisce Group	3:00 Trivia	2:30 Conversation/ Reminisce Group	1:30 Shopping Trip TBD	2:30 Nail Care
2:45 Sunday Matinee (DP)	3:30 Popcorn Pub	6:30 Holiday Mid-Week Movie TBD	3:30 New Year's Eve Pub	3:45 Farkle	3:30 Happy Hour	3:45 Roll A Snowman
	6:15 Scrabble Slam (Card Game)		6:15 UNO Attack		6:15 Black Jack (card game—nickels & dimes)	6:15 Roll A Bingo (dice game)
3:00 Shopping Trip TBD	7:00 Wheel of Fortune/ Jeopardy Group		7:00 Wheel of Fortune/ Jeopardy Group	6:00 Holiday Movie TBD	7:00 Wheel of Fortune/ Jeopardy Group	7:00 Wheel of Fortune/ Jeopardy Group
6:30 'Twas the Night Before Christmas PJ Pub						