

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASPECTS OF LIVING  Cognitive  Musical  Life Enrichment  Reminisce  Health & Fitness  Inspirational/Spiritual  Social	 November GRANDVIEW GARDENS 2025			DAILY PROGRAMS Unless otherwise noted  9:15 Uplifting News/Events  10:15 Feeding of the Fish  10:30 AM Snack & Refresh  1:00 Daily Chronicles  2:30 Snack & Social  5:15 Mindful Unwind  5:40 Movie/Classic Series	HALLOWEEN 10/31  9:45 AM Exercise  10:45 Scenic Ride Nail Care/Reminisce  1:30 Seated Yoga  2:00 Trivia & Treats  2:30 Spooky Festivities  3:00 Songs of Halloween  3:30 Pumpkin Toss  5:30 Movie & "Booz"	 9:45 Wake-up & Workout  11:00 Music & Groove  1:30 Mindful Stretch  2:00 Prize Bingo  2:30 All Saints Day Service (Escort Required to AL)  3:00 Armchair Travel/Discuss  3:45 Bowling Virtual Rosary (AP)
Day Light Savings 2  10:15 Communion w/ OLM  10:30 Hymns & Snack  11:00 Virtual. Service (YT)  11:30 Get up & Move  1:30 Sunday Scenic Ride  2:00 Brain Games  3:00 Finish the Song Lyrics  3:45 Quarterback Toss	 9:45 Morning Zumba  11:00 Bullseye  11:30 Brain Games  1:30 Monday Move & Groove  Kitchen Creations  2:00 Word Games  3:00 "Reminisce & Now"  3:45 High Rollers  Virtual Rosary	 9:45 Wake-up & Workout  11:00 Tic-Tac-Toe Toss  11:30 Did You Know... Trivia  1:30 Mystery Ride  Nails & Reminisce  2:30 Socialize & Snack  3:00 Spiritual Grp. w/ Shakeria  3:45 Balloon Volley	 9:45 Wake-up & Workout  11:00 Mini Bowling  11:30 Word Games  1:30 Walk & Stretch  2:00 Worship Service & Communion w/ Rev. Cheryl  3:00 Who Sings It?  3:45 Baseball Toss	 9:45 Morning Cardio  11:00 Soccer Goal  11:30 What/Who Am I  1:30 Music w/ Don & Dave  3:00 Poetry/Prose  Crafting Circle  3:45 Pumpkin Toss  Mani-Cares	 9:45 AM Exercise  10:45 Scenic Ride Nail Care/Reminisce  1:30 Seated Yoga  2:00 Brain Games  3:00 50's Sing Along  3:45 Ring Toss  5:30 Nightcap & Movie	 9:45 Wake-up & Workout  11:00 Music & Groove  1:30 Mindful Stretch  2:00 Prize Bingo  3:00 Armchair Travel/Discuss  3:45 Bowling Virtual Rosary (AP)
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Subject to change: Daily Schedules Made Available & Displayed in Community

All outings are weather permitting

MEAL TIMES: 12:00-1:00p; 4:30-5:30p