

All Meals are delivered to
your apartments
-Seating Areas Available-

February 2026

Hospitality Stations Open
Satellite Dining Areas Available

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 Virtual Catholic Mass 1</p> <p>10:30 Communion w/ Our Lady of Mercy Church (weather permitting)</p> <p>11:15 Seated Exercise</p> <p>12:30 Lunch & Matinee (DP) <i>Springsteen: Deliver Me from Nowhere</i> 2025 2:00 Jeremy Allen White portrays the musical legend Bruce Springsteen in this Biographical film</p> <p>1:45 Uno Attack</p> <p>2:45 Pool Table Bowling</p> <p>3:30 Sing Along</p> <p>5:00 Dinner & Show <i>American Idol</i> Hopeful singers audition to advance to the next level in America's largest singing contest</p> <p>6:15 Trivia Night</p>	<p>GROUNDHOG DAY 2</p> <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>12:00 Lunch with a Staff Member (April Harley)</p> <p>1:45 Themed Quarter Bingo</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn+ Pub</p> <p>5:00 Dinner & A Movie (AP) <i>Groundhog Day</i> 1993 1:41 A narcissistic, self-centered weatherman finds himself in a time loop on Groundhog Day. Starring: Bill Murray, and Andie McDowell</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>3</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>12:00 Lunch with a Staff Member (Amy Staples)</p> <p>1:45 Crafting Circle</p> <p>3:30 Book Club: Short Stories Read & Share</p> <p>5:30 Dinner & Movie (PP) <i>Kate and Leopold</i> 2001 1:58 When a rip in time brings together a charming 19th century bachelor and a thoroughly 21st century woman, the potential for an old-fashioned modern romance ignites!</p> <p>8:00 NFL Pro Bowl (ESPN)</p>	<p>4</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>12:00 Lunch and Documentary <i>Secrets of Great British Castles (NF)</i></p> <p>1:45 Themed Quarter Bingo</p> <p>3:30 Pub & Social</p> <p>5:00 Dinner & Docu-series (DP) <i>Man in the Arena: Tom Brady</i> Episode 4: Goliaths Tom recounts how Michael Strahan and the Giants stood in the way of the Patriots</p> <p>6:15 Roll A Snowman</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>5</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Support Group</p> <p>2:30 Nail Care</p> <p>3:30 101st Birthday Party Ft. Music w/ Chris Monte</p> <p>5:00 Dinner & Docu-series (DP) <i>Man in the Arena: Tom Brady</i> Episode 5: No Guarantees Tom and his wife, Giselle Bundchen, reflect on their relationship and growing family</p> <p>6:15 Farkle</p> <p>7:00 Hulu Series <i>Modern Family</i> Three different, but related, families face trials and tribulations in their own uniquely comedic ways</p>	<p>6</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>12:00 Lunch with a Staff Member (Linda Pora)</p> <p>1:30 Shopping Trip: CVS (weather permitting)</p> <p>1:45 Quarter Bingo</p> <p>3:30 Happy Hour</p> <p>5:00 Dinner & Docu-series (DP) <i>Man in the Arena: Tom Brady</i> Episode 6: Stop the Bleeding Tom and teammate Vince Wilfork look to reclaim their championship ways</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>7</p> <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>12:00 Lunch & Matinee <i>Flashdance (PP)</i> 1983 1:34 Alex Owens (Jennifer Beals), a fiercely determined and beautiful 18-year-old woman, who works as a welder by day and a dancer at a local bar at night</p> <p>1:30 Nail Care</p> <p>2:45 Billiards Bowling</p> <p>3:45 Conversation/Reminisce</p> <p>5:00 Dinner & Docu-series (DP) <i>Man in the Arena: Tom Brady</i> Episode 7: Surrender In the aftermath of Deflategate, Tom is faced with his mother's cancer diagnosis.</p> <p>6:15 Roll A Bingo (dice game)</p> <p>7:00 Sitcom Special (PP) <i>Matlock (2024-)</i></p>

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated:1/29/2026

February 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Meals are delivered to your apartments -Seating Areas Available-</p> <p>8</p> <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>12:00 Lunch & Docuseries (DP) <i>Man in the Arena: Tom Brady</i> Episode 8: <i>Nobody's Business</i> and Episode 9: <i>Maybe</i></p> <p>1:45 Roll to 100</p> <p>3:00 Snowball Toss</p> <p>3:45 Trivia</p> <p>6:00 Super Bowl Sunday Party (kick off @ 6:30)</p>	<p>All Meals are delivered to your apartments -Seating Areas Available-</p> <p>9</p> <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:15 Act of Confession</p> <p>1:30 Catholic Mass w/ OLM</p> <p>2:15 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Popcorn+ Pub</p> <p>5:00 Dinner & Docuseries <i>Man in the Arena: Tom Brady</i> Final Episode 10: <i>The Wheel</i></p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>Breakfast is delivered to your apartment -Seating Areas Available-</p> <p>10</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>12:00 GRAND RE-OPENING LUNCH</p> <p>1:30 Crafting Circle</p> <p>3:45 Residents of Faith w/ Minister Shakera</p> <p>6:30 Mid-Week Movie (AP) <i>Music & Lyrics 2007</i> 1:39 A washed up singer is given a couple days to compose a chart-topping hit for an aspiring teen sensation. Though he's never written a decent lyric in his life, he sparks with an offbeat younger woman with a flair for words. Hugh Grant & Drew Barrymore</p>	<p>11</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>12</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:30 Nail Care</p> <p>3:00 Action Steps Presentation w/ Maria</p> <p>3:45 Smarties/Dum-Dum Trivia</p> <p>6:15 Farkle</p> <p>6:30 Sit-Com Series (NF) <i>Seinfeld</i> In this classic comedy, Jerry Seinfeld and his friends live their normal but humorous day-to-days in NYC</p>	<p>13</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Shopping Trip: Dollar Tree (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Happy Hour</p> <p>4:00 Live Cello Music w/ Elizabeth & Alex</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>14</p> <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Ring Toss</p> <p>2:30 Saturday Matinee (NF) <i>The American President</i> 1:53 The widowed president strikes up a romance with a beautiful Washington lobbyist—but can the couple keep their private and political lives separate?</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Sit-com (AP) <i>Ted Lasso</i> Jasson Sudeikis is Ted Lasso, an American football coach hired to manage a British Soccer Team despite his lack of experience.</p>

February 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	PRESIDENT'S DAY 16	MARDI GRAS 17	ASH WEDNESDAY 18	19	20	21
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Rummykub</p> <p>2:30 Sunday Matinee (AP) The Green Book (2018 2:10) A working-class Italian American bouncer learns to confront racism as the driver for an African American classical pianist on tour of venues through the 19560's American South</p> <p>3:00 Scenic Ride</p> <p>6:30 American Idol (DP) Hopeful singers audition to advance to the next level in America's largest singing contest</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:45 Themed Quarter Bingo</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 HOLIDAY MOVIE (AP) My Fellow Americans (1996 1:41) Starring Jack Lemmon, James Garner & Dan Aykroyd Two former US Presidents hated rivals join forces to expose a corruption at the risk of their own lives.</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:30 Mardi Gras Pub</p> <p>6:30 Mid-Week Movie (PP) Double Jeopardy (1999 1:45) Libby Parsons, who discovers that the husband she's convicted of murdering stages his own "death" and framed her for the crime. Released on parole, she skips town to find him-and that puts parole office Travis Lehman on her tail. Starring: Ashley Judd, Tommy Lee Jones and more</p>	<p>7:30 Dr. Golden Podiatry</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Roll-a-Goal</p> <p>2:15 Blessing w/ Ashes</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:30 Nail Care</p> <p>2:00 Grief Group Pre-registration required</p> <p>3:45 Docuseries (DP) Food that Built America S5:E1 Marinara Imagine a time when Marinara sauce wasn't a part of the American palate</p> <p>6:15 Farkle</p> <p>6:30 Sit-Com Series (NF) Seinfeld In this classic comedy, Jerry Seinfeld and his friends live their normal but humorous day-to-days in NYC</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Shopping Trip: Dave's (weather permitting)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Write to Grow Workshop</p> <p>1:30 Ring Toss</p> <p>2:30 Saturday Matinee (NF) The Butler 2013 2:12 As Cecil Gaines serves eight presidents during his tenure as a butler at the White House, the civil rights movement, Vietnam, and other major events affect this man's life, family, and American society.</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Sit-com (AP) Ted Lasso Jasson Sudeikis is Ted Lasso, an American football coach hired to manage a British Soccer Team despite his lack of experience.</p>

February 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:45 Nix the Six</p> <p>2:30 Sunday Matinee (NF) Cats (2019 1:49) In this adaptation of the iconic Broadway musical, a quorum of cats gathers under a full moon to determine who will ascend to the next life.</p> <p>3:00 Shopping Trip: Job Lot</p> <p>6:30 American Idol (DP) Hopeful singers audition to advance to the next level in America's largest singing contest</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Themed Quarter Bingo</p> <p>3:00 Paint & Sip w/ Kristen Create a painting with step-by-step guide --Seats Limited RSVP @ Front Desk— Alternates will receive priority at next class</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:00 Residents of Faith w/ Minister Shakera</p> <p>3:30 Welcome New Residents Pub</p> <p>6:30 Mid-Week Movie (NF) The Bucket List (2007 1:37) Two terminally ill men escape their cancer ward, determined to seize life's remaining moments and live it to the fullest before they kick the bucket. Starring: Jack Nicholson, Morgan Freeman and more</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:30 Nail Care</p> <p>3:30 Live Music w/ Rock'n Rob</p> <p>6:15 Farkle</p> <p>6:30 Sit-Com Series (NF) Seinfeld In this classic comedy, Jerry Seinfeld and his friends live their normal but humorous day-to-days in NYC</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Misc. Card Games</p> <p>3:30 Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Ring Toss</p> <p>2:30 Saturday Matinee (NF) Maulin Rouge! 2001 2:07 A writer finds love with a cabaret star who is engaged to an envious duke. Their romance unfolds beneath the glittering pop-filled world of Paris. Starring: Nicole Kidman, Ewan McGregor</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>6:15 Roll A Snowman</p> <p>6:30 Sit-com (AP) Ted Lasso Jasson Sudeikis is Ted Lasso, an American football coach hired to manage a British Soccer Team despite his lack of experience.</p>