

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DAILY PROGRAMS

Unless otherwise noted

* Escort required to AL

- 9:15 Uplifting News/Events
- 10:15 Stroll/Feed the Fish
- 10:30 AM Snack & Refresh
- 1:00 Daily Chronicles
- 2:30 Snack & Social
- 5:15 Mindful Unwind
- 5:30 Movie/Classic Series



- PASSOVER BEGINS** 1
APRIL FOOLS DAY
- 9:45 Wake-up & Workout
 - 11:00 Music w/ Mike Coletta
 - 11:30 Word Games
 - 1:30 Afternoon Yoga
 - Creations: Flowers/Baskets
 - 2:00 Reminisce & Share
 - 3:00 What Am I (Sensory)
 - 3:45 Putting Practice
 - Virtual Rosary

- 2
- 9:45 Morning Cardio
 - 11:00 Flowerpot Pong
 - 11:30 What/Who Am I
 - 1:30 Seated Yoga
 - Kitchen Creations: Homemade Peanut Butter
 - 2:00 Word Games
 - 3:00 Music & Reminisce
 - Mani-Cares
 - 3:45 Pitching Practice

- GOOD FRIDAY** 3
- 9:45 AM Exercise
 - 10:45 Scenic Ride
 - Nail Care/Reminisce
 - 1:30 Guided Exercise w/ Danielle McKenny
 - 2:00 FENWAY DAY GATHERING & GAME
 - 3:00 Sing Along
 - 3:45 Ring Toss
 - 5:30 Nightcap & Movie

- 4
- 9:45 Wake-up & Workout
 - 11:00 Music & Groove
 - 1:30 Mindful Stretch
 - 1:45 "Easter Egg" Bingo
 - 3:00 Armchair Travel/Discuss
 - 3:45 Easter Basket Toss
 - Virtual Rosary (AP)

- EASTER** 5
- 9:15 Egg Hunt & Reminisce
 - 10:15 Communion w/ OLM
 - 10:30 Hymns & Snack
 - 11:00 Virtual. Service (YT)
 - 11:30 Get up & Move
 - 1:30 Easter Matinee
 - Nail Care/Color Art
 - 3:00 Roll & Reminisce
 - 3:45 Egg Toss

- 6
- 9:45 Morning Zumba
 - 11:00 Bullseye
 - 11:30 Brain Games
 - 1:30 Monday Move & Groove
 - Crafters Corner
 - 2:00 Word Games
 - 3:00 "Reminisce & Share"
 - 3:45 Cornhole Toss
 - Virtual Rosary

- 7
- 9:45 Wake-up & Workout
 - 10:30 Live Music & Munchies w/ Bud Pistachio
 - 11:30 Did You Know...Trivia
 - 1:30 Scenic Ride
 - Reminisce & Nails
 - 3:00-3:45 Residents of Faith w/ Minister Shakera
 - 3:45 Word Games

- 8
- 9:45 Wake-up & Workout
 - 11:00 Mini Shuffleboard
 - 11:30 Word Games
 - 1:30 Afternoon Yoga
 - Creations & Chat: Flowers
 - 2:00 Reminisce & Share
 - 3:00 What Am I (Sensory)
 - 3:45 Putting Practice
 - Virtual Rosary

- 9
- 9:45 Morning Cardio
 - 11:00 Flowerpot Pong
 - 11:30 What/Who Am I
 - 1:30 Seated Yoga
 - Kitchen Creations: Spring Mix
 - 2:00 Word Games
 - 3:00 Music & Reminisce
 - Mani-Cares
 - 3:45 Pitching Practice

- 10
- 9:45 AM Exercise
 - 10:45 Scenic Ride
 - Nail Care/Reminisce
 - 1:30 Walk & Stretch
 - 2:00 Brain Games
 - 3:00 Sing Along
 - 3:45 Ring Toss
 - 5:30 Nightcap & Movie

- 11
- 9:45 Wake-up & Workout
 - 11:00 Music & Groove
 - 1:30 Mindful Stretch
 - 1:45 Prize Bingo
 - 3:00 Armchair Travel/Discuss
 - 3:45 Easter Basket Toss
 - Virtual Rosary (AP)

- 12
- 9:45 Wake-up & Workout
 - 10:15 Communion w/ OLM
 - 10:30 Hymns & Snack
 - 11:00 Virtual. Service (YT)
 - 11:30 Get up & Move
 - 1:30 Sunday Scenic Ride
 - 2:00 Brain Games
 - 3:00 Roll & Reminisce
 - 3:45 Baseball Toss

- 13
- 9:45 Morning Zumba
 - 11:00 Bullseye
 - 11:30 Brain Games
 - 1:30 Monday Move & Groove
 - Crafters Corner
 - Catholic Mass w/ OLM*
 - 2:00 Word Games
 - 3:00 "Reminisce & Share"
 - 3:45 Cornhole Toss
 - Virtual Rosary

- 14
- 9:45 Wake-up & Workout
 - 11:00 Tic-Tac-Toe Toss
 - 11:30 Did You Know...Trivia
 - 1:30 Scenic Ride
 - Reminisce & Nails
 - 3:00 Live Music w/ Bob Trembley
 - 4:00 Trivia

- 15
- 9:45 Wake-up & Workout
 - 11:00 Mini Shuffleboard
 - 11:30 Word Games
 - 1:30 Afternoon Yoga
 - Creations & Chat: Flowers
 - 2:00 Reminisce & Share
 - 3:00 What Am I (Sensory)
 - 3:45 Putting Practice
 - Virtual Rosary

- 16
- 9:45 Morning Cardio
 - 11:00 Flowerpot Pong
 - 11:30 What/Who Am I
 - 1:30 Seated Yoga
 - 2:00 Word Games
 - 3:00 Music & Reminisce
 - Mani-Cares
 - 3:45 Pitching Practice

- 17
- 9:45 AM Exercise
 - 10:30 Live Music & Munchies w/ Chris Monte
 - 1:30 Guided Exercise w/ Danielle McKenny
 - 2:00 Brain Games
 - 3:00 Sing Along
 - 3:45 Ring Toss
 - 5:30 Nightcap & Movie

- 18
- 9:45 Wake-up & Workout
 - 11:00 Musical Pinata
 - 1:30 Mindful Stretch
 - 1:45 Prize Bingo
 - Virtual Rosary (AP)
 - 3:00 Armchair Travel/Discuss
 - 3:30 Live Music w/ Joan Sherlock

- 19
- 9:45 Wake-up & Workout
 - 10:15 Communion w/ OLM
 - 10:30 Hymns & Snack
 - 11:00 Virtual. Service (YT)
 - 11:30 Get up & Move
 - 1:30 Sunday Scenic Ride
 - 2:00 Brain Games
 - 3:00 Roll & Reminisce
 - 3:45 Baseball Toss

- 20
- 9:45 Morning Zumba
 - 11:00 Bullseye
 - 11:30 Brain Games
 - 1:30 Monday Move & Groove
 - Crafters Corner
 - 2:00 Word Games
 - Virtual Rosary
 - 3:00 Live Music w/ Graham Hempstead
 - 4:00 Reminisce & Share

- 21
- 9:45 Wake-up & Workout
 - 11:00 Tic-Tac-Toe Toss
 - 11:30 Did You Know...Trivia
 - 1:30 Scenic Ride
 - Reminisce & Nails
 - 3:00 Sing Along
 - 3:45 Residents of Faith w/ Minister Shakera

- EARTH DAY** 22
- 9:45 Wake-up & Workout
 - 11:00 Mini Shuffleboard
 - 11:30 Word Games
 - 1:30 Afternoon Yoga
 - 2:30 Afternoon Social w/ AL GVG Men's Group
 - 3:00 What Am I (Sensory)
 - Garden Club
 - 3:45 Putting Practice
 - Virtual Rosary

- 23
- 9:45 Morning Cardio
 - 11:00 Flowerpot Pong
 - 11:30 What/Who Am I
 - 1:30 Seated Yoga
 - 2:00 Word Games
 - 3:00 Music & Reminisce
 - 3:45 Pitching Practice

- 24
- 9:45 AM Exercise
 - 10:45 Scenic Ride
 - Nail Care/Reminisce
 - 1:30 Walk & Stretch
 - 2:00 Brain Games
 - 3:00 Sing Along
 - 3:45 Ring Toss
 - 5:30 Nightcap & Movie

- 25
- 9:45 Wake-up & Workout
 - 11:00 Music & Groove
 - 1:30 Mindful Stretch
 - 2:00 Prize Bingo
 - 3:00 Armchair Travel/Discuss
 - 3:45 Easter Basket Toss
 - Virtual Rosary (AP)

- 26
- 9:45 Wake-up & Workout
 - 10:15 Communion w/ OLM
 - 10:30 Hymns & Snack
 - 11:00 Virtual. Service (YT)
 - 11:30 Get up & Move
 - 1:30 Virtual Travel
 - Nail Care
 - 3:00 Roll & Reminisce
 - 3:45 Baseball Toss

- 27
- 9:45 Morning Zumba
 - 11:00 Bullseye
 - 11:30 Brain Games
 - 11:30 Lunch Outing: Newport Creamery
 - 1:30 Monday Move & Groove
 - 2:00 Word Games
 - 3:00 "Reminisce & Share"
 - 3:45 Cornhole Toss
 - Virtual Rosary

- 28
- 9:45 Wake-up & Workout
 - 11:00 Tic-Tac-Toe Toss
 - 11:30 Did You Know...Trivia
 - 12:00 Birthday Luncheon
 - 1:30 Scenic Ride
 - Reminisce & Nails
 - 3:00 Word Games
 - 3:45 Cornhole Toss

- 29
- 9:45 Wake-up & Workout
 - 11:00 Mini Shuffleboard
 - 11:30 Word Games
 - 1:30 C.H.I.M.E (interactive hand bells)
 - 3:00 What Am I (Sensory)
 - 3:45 Putting Practice
 - Virtual Rosary

- 30
- 9:45 Morning Cardio
 - 11:00 Flowerpot Pong
 - 11:30 What/Who Am I
 - 1:30 Seated Yoga
 - Kitchen Creations:
 - 2:00 Word Games
 - 3:00 Music & Reminisce
 - Mani-Cares
 - 3:45 Pitching Practice

- ASPECTS OF LIVING**
- Cognitive
 - Musical
 - Life Enrichment
 - Reminisce
 - Health & Fitness
 - Inspirational/Spiritual
 - Social