

March 2026

April 2026

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|--|
| <p>PALM SUNDAY 29</p> <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Rummikub</p> <p>2:30 Sunday Matinee (DP) The Help 2011 2:07 (PG13) A White Society Girl interviews black housekeepers in the 1960's South. -Based on the bestselling Novel-</p> <p>3:00 Corn Hole Toss</p> <p>3:00 Scenic Ride</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p> | <p>30</p> <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:30 Lunch Outing: Richard's Pub</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Stations of the Cross</p> <p>3:30 Popcorn Pub</p> <p>6:15 Roll All Six</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>31</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>12:00 Birthday Luncheon</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle Mini Easter Baskets</p> <p>3:30 Welcome New Residents Pub</p> <p>6:30 Mid-Week Movie (AP) Saving Grace 2000 1:30 (R) In this British Comedy, a small- town English widow, facing financial troubles after her husband's suicide, turns to agriculture of an untraditional kind. As she navigates her crop; she also learns to navigate around the law.</p> | <p>1</p> <p>-Wear Something Mismatched Day-</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Mystery Prize Bingo</p> <p>3:30 Pub & Social</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>2</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 Music Performance w/ Bud Pistachio</p> <p>6:15 Farkle</p> <p>6:30 Special Mini-Series (DP) Believers: Boston Red Sox (Episode 2) Ben Affleck, Matt Damon, Bill Burr, Uzo Aduba & more explore the history of and belief of Red Sox Fans</p> | <p>3</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>2:00 FENWAY OPENING DAY EVENT/PUB (2:10 first pitch) Red Sox v. Padres</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>4</p> <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee (NF) Same Time Next Year 1978 1:58 (PG) A Chance meeting at a California inn leads to a decades-long romance between two married people who meet once a year to share tier lives and their love. Starring: Alan Alda, Ellen Burstyn and more</p> <p>2:30 Nail Care</p> <p>3:45 LRC (dimes) \$0.30/game</p> <p>4:10 RedSox vs Padres (NESN)</p> <p>6:15 Roll A Snowman</p> <p>6:30 Series (DP) Love Story Episode 7 & 8</p> |

April 2026

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
| <p>EASTER SUNDAY 5</p> <p>At Leisure Egg Hunt & Activity Packet</p> <p>9:00 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Balloon Bash</p> <p>1:35 RedSox vs Padres (NESN)</p> <p>2:30 Holiday Matinee (AP) Easter Parade 1948 1:43 (PG) Starring Fred Astair & Judy Garland</p> <p>2:45 Dominos</p> <p>3:30 Egg Toss</p> <p>6:00 Holiday Movie (AP) The Passion of The Christ 2004 2:06 (R) Depicts the final twelve hours in the life of Jesus of Nazareth, on the day of his crucifixion in Jerusalem.</p> | <p>6</p> <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Uno Attack</p> <p>6:45 RedSox vs Brewers (NESN)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> | <p>7</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Guided Painting Class w/ Kristen (RSVP @ the Front Desk)</p> <p>3:30 Initial Garden Club Meeting</p> <p>4:00 Residents of Faith w/ Minister Shakera</p> <p>6:30 Mid-Week Movie (PP) Grease 1978 1:50 (PG 13) Go back to high school with Pink Lady Sandy (Olivia Newton-John), leader of the bad-boy T-Birds, Danny (John Travolta), and a rockin' and rollin' all-star cast.</p> <p>6:45 RedSox vs Brewers (NESN)</p> | <p>8</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:35 RedSox vs Brewers (NESN)</p> <p>3:30 Pub & Social</p> <p>6:15 Rummikub</p> <p>6:30 Series (DP) Love Story Episode 9 (finale)</p> <p>7:30 Jeopardy (Ch. 12)</p> <p style="text-align: center;">Bridge Club Meets 6:30pm</p> | <p>9</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise w/ Jill</p> <p>1:30 Pool Table Bowling</p> <p>2:30 Live Music w/ Chris Monte</p> <p>3:45 Nail Care</p> <p>6:30 Special Mini-Series (DP) Believers: Boston Red Sox (Episode 3) Ben Affleck, Matt Damon, Bill Burr, Uzo Aduba & more explore the history of and belief of Red Sox Fans</p> <p>7:30 Jeopardy (Ch. 12)</p> | <p>10</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: Kohls</p> <p>3:30 TGIF Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> <p>8:15 RedSox vs Cardinals (NESN)</p> | <p>11</p> <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee (AP) Fried Green Tomatoes 1992 2:10 (PG 13) Evelyn, an ordinary housewife, visits a nursing home and befriends the old lady Ninny. Together, they bond over stories from the past about two intrepid women of Whistle Stop Cafe.</p> <p>2:30 Nail Care</p> <p>3:45 Pokeno</p> <p>6:15 LRC (dimes) \$0.30/game</p> <p>6:30 Game Shows</p> <p>7:15 RedSox vs Cardinals (Ch. 11)</p> <p style="text-align: center;">Bridge Club Meets 2p</p> |

Activities are Subject to Change—Please refer to Daily Hand-outs

All Outings are Weather Permitting.

Last Updated:3/30/2026

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Skip-bo (Card Game)</p> <p>2:15 RedSox vs Cardinals (NESN)</p> <p>2:30 Mini Baseball Toss</p> <p>3:15 Scenic Ride</p> <p>3:45 Trivia</p> <p>6:30 Night Cap (evening pub)</p> <p>Rummikub Club Meets 2pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:00 Act of Confession w/ Fr. Brodeur</p> <p>1:30 Catholic Mass w/ Fr. Brodeur</p> <p>2:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Popcorn Pub</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> <p>7:40 RedSox vs Twins (NESN)</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle: Mini Totes</p> <p>3:30 Conversation Circle</p> <p>6:30 Mid-Week Movie TBD</p> <p>7:40 RedSox vs Twin (NESN)</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:40 RedSox vs Twins (NESN)</p> <p>3:00 Pub & Social</p> <p>6:15 Rummikub</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> <p>Bridge Club Meets 6:30pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>12:00 Lunch Outing The Back 40</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 New Game: Bananagrams</p> <p>6:00 Live Music w/ Don & Dave</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: Job Lot</p> <p>3:30 TGIF Happy Hour</p> <p>6:00 Gameshows</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:15 RedSox v Tigers (AP) -Apple TV-</p> | <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Nail Care</p> <p>3:30 Live Music w/ Joan Sherlock</p> <p>4:10 RedSox v Tigers (NESN)</p> <p>6:15 LRC (dimes) \$0.30/game</p> <p>6:30 Documentary Special (AP) Who Are You Charlie Brown 1991 1:00 Lupita Nyong'o narrates a delightful look into the legacy of the beloved Peanuts gang and Charles Schulz</p> <p>Bridge Club Meets 2pm</p> |

The Seasons Assisted Living, Traditional Community Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Skip-bo (Card Game)</p> <p>1:35 RedSox v Tigers (NESN)</p> <p>2:30 Sunday Matinee (DP) TBD</p> <p>2:30 Mini Baseball Toss</p> <p>3:15 Shopping Trip: TBD</p> <p>3:45 Trivia</p> <p>6:15 Nix the Six</p> <p>Rummikub Club Meets 2pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:10 RedSox v Tigers (NESN)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>1:30 Crafting Circle</p> <p>3:30 Book Club</p> <p>6:30 Mid-Week Movie TBD</p> <p>6:45 RedSox vs Yankees (NESN)</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Pub & Social</p> <p>6:15 Rummikub</p> <p>6:45 RedSox vs Yankees (NESN)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> <p>Bridge Club Meets 6:30pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 Live Music w/ Brad Logan</p> <p>6:10 RedSox vs Yankees (NESN)</p> <p>6:15 Farkle</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: Marshalls</p> <p>3:30 TGIF Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> <p>7:05 RedSox vs Orioles (NESN)</p> | <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Nail Care</p> <p>2:30 Saturday Matinee TBD</p> <p>2:30 Pokeno</p> <p>4:05 RedSox vs Orioles (NESN)</p> <p>6:15 LRC (dimes) \$0.30/game</p> <p>6:30 Documentary Special (AP) Sidney 2021 1:51 This revealing documentary honors the legendary Sidney Poitier—iconic actor, filmmaker, and civil rights activist.</p> <p>Bridge Club Meets 2pm</p> |

| The Seasons Assisted Living, Traditional Community Activities | | | | | | |
|---|--|---|--|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 26 | 27 | 28 | 29 | 30 | May Day 1 | 2 |
| <p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Skip-bo (Card Game)</p> <p>1:35 RedSox vs Orioles (NESN)</p> <p>2:30 Mini Baseball Toss</p> <p>3:15 Scenic Ride</p> <p>3:45 Trivia</p> <p>6:30 Sunday Night Movie TBD</p> <p>Rummikub Club Meets 2pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Uno Attack</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> <p>7:07 RedSox vs Blue Jays (NESN)</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>12:00 Monthly Birthday Lunch</p> <p>1:30 Crafting Circle</p> <p>3:30 Welcome New Residents Pub</p> <p>6:30 Mid-Week Movie TBD</p> <p>7:07 RedSox vs Blue Jays (NESN)</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>1:30 Quarter Bingo</p> <p>1:30 Wicked Tulips Outing</p> <p>3:07 RedSox vs Blue Jays (NESN)</p> <p>Bridge Club Meets 6:30pm</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 Live Music w/ Rock'n Rob</p> <p>6:15 Farkle</p> <p>7:00 Wheel of Fortune/Jeopardy Group</p> | <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: TBD</p> <p>3:30 TGIF Happy Hour</p> <p>6:15 Blackjack (card game—nickels & dimes)</p> <p>7:00 Wheel of Fortune/ Jeopardy Group</p> | <p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee TBD</p> <p>2:30 Nail Care</p> <p>3:45 Pokeno</p> <p>6:15 LRC (dimes) \$0.30/game</p> <p>6:30 Mini Docuseries (PP) Willie Nelson & Family 2021 50min The 4part series explores the personal and professional life of Willie Nelson, one of the world's most beloved musicians.</p> <p>Bridge Club Meets 2pm</p> |

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All Outings are Weather Permitting.

Last Updated:3/30/2026