

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May

GRANDVIEW GARDENS 2026

DAILY PROGRAMS (AM)

- Unless otherwise noted
- * Escort required to AL
- 9:15 Uplifting News/Events
- 10:15 Stroll/Feed the Fish
- 10:30 AM Snack & Refresh

DAILY PROGRAMS (PM)

- Unless otherwise noted
- * Escort required to AL
- 1:00 Daily Chronicles
- 2:30 Snack & Social
- 5:15 Mindful Unwind
- 5:30 Movie/Classic Series

MAY DAY

- 9:45 AM Exercise
- 10:45 Scenic Ride
- Nail Care/Reminisce
- 1:30 Strategic Magnet Game
- Music & Relaxation
- 3:00 Courtyard Sing Along
- 3:45 Stretch & Stroll
- 5:30 Nightcap & Movie

- 9:30 Work out w/ Danielle M.
- 11:00 Balloon Bash
- 1:45 Prize Bingo
- Soothing Sounds
- 3:00 Armchair Travel/Discuss
- 3:45 Seated Yoga
- Virtual Rosary (AP)

- 9:45 Wake-up & Workout
- 10:15 Communion w/ OLM
- 10:30 Sunday Ride
- 10:30 Reminisce & Refresh
- 11:30 Get up & Move
- 1:30 Virtual. Service (YT)
- 3:00 Brain Games
- 3:30 Music w/ Lady D

- 9:45 Morning Zumba
- 11:00 Bowling
- 11:30 Brain Games
- 1:30 Dice Games
- Music & Meditation
- 2:00 Word Games
- 3:00 Sing Along
- 3:45 Stretch & Stroll
- Virtual Rosary

- 9:45 Wake-up & Workout
- 10:30 Scenic Ride
- Reminisce & Nails
- 11:30 Did You Know... Trivia
- 1:30 Tic-Tac-Toe Toss
- 2:30 Music w/ Don & Dave
- 3:45 Baseball Cornhole

- 9:45 Wake-up & Workout
- 11:00 Mini Shuffleboard
- 11:30 Word Games
- 1:30 Creative Creations
- Meditation & Music
- 2:00 Reminisce & Share
- 3:00 Behind the Story...
- 3:45 Seated Tai Chi
- Virtual Rosary

- 9:45 Morning Cardio
- 11:00 Music & Groove
- 11:30 What/Who Am I
- 1:30 Putting Practice
- Soothing Scenery
- 2:30 101 Birthday Pub
- 3:00 Live Music w/ Charlie Marie

- 9:45 AM Exercise
- 10:45 Nail Care/Reminisce
- 11:30 Ladies' Tea/ Men' Lunch
- 1:30 Strategic Magnet Game
- Music & Relaxation
- 3:00 Courtyard Sing Along
- 3:45 Stretch & Stroll
- 5:30 Nightcap & Movie

- 9:45 Seated Exercise
- 11:00 Balloon Bash
- 1:45 Prize Bingo
- Soothing Sounds
- 3:00 Travel Antique Museum
- 4:00 Seated Yoga
- Virtual Rosary (AP)

- Happy Mother's Day
- 9:45 Wake-up & Workout
- 10:15 Communion w/ OLM
- 10:30 Hymns & Snack
- 11:00 Virtual. Service (YT)
- 11:30 Get up & Move
- 1:30 Virtual Travel: Holland
- Reminisce & Nails
- 3:00 Brain Games: TV Mom's
- 3:45 Sunday Stretch

- 9:45 Morning Zumba
- 11:00 Bowling
- 11:30 Brain Games
- 1:30 Dice Games
- Music & Meditation
- Catholic Mass w/ OLM*
- 2:00 Word Games
- 3:00 Move & Groove
- 3:45 Stretch & Stroll
- Virtual Rosary

- 9:45 Wake-up & Workout
- 11:00 Tic-Tac-Toe Toss
- 11:30 Did You Know... Trivia
- 1:30 Scenic Ride
- Reminisce & Nails
- 3:00 Residents of Faith w/ Minister Shakera
- 4:00 Trivia

- 9:45 Wake-up & Workout
- 10:30 Farm Animal Visit
- 11:30 Word Games
- 1:30 Creative Creations
- Meditation & Music
- 2:00 Reminisce & Share
- 3:00 Behind the Story...
- 3:45 Seated Tai Chi
- Virtual Rosary

- 9:45 Morning Cardio
- 11:00 Music & Groove
- 11:30 What/Who Am I
- 1:30 Live Music w/ Brad L.
- 3:00 New York Times games
- 3:45 Throwback Exercise

- 9:45 AM Exercise
- 10:45 Scenic Ride
- Nail Care/Reminisce
- 1:30 Strategic Magnet Game
- Music & Relaxation
- 3:00 Courtyard Sing Along
- 3:45 Stretch & Stroll
- 5:30 Nightcap & Movie

- 9:45 Seated Exercise
- 11:00 Balloon Bash
- 1:45 Prize Bingo
- Soothing Sounds
- 3:00 Armchair Travel/Discuss
- 3:45 Seated Yoga
- Virtual Rosary (AP)

- 9:45 Wake-up & Workout
- 10:15 Communion w/ OLM
- 10:30 Hymns & Snack
- 11:00 Virtual. Service (YT)
- 11:30 Get up & Move
- 1:30 Sunday Scenic Ride
- Reminisce & Nails
- 3:00 Brain Games
- 3:45 Sunday Stretch

- 9:45 Morning Zumba
- 11:00 Bowling
- 11:30 Brain Games
- 1:30 Dice Games
- Music & Meditation
- 2:00 Word Games
- 3:00 Music w/ Rock'n Rob
- 4:00 Trivia

- 9:45 Wake-up & Workout
- 11:00 Tic-Tac-Toe Toss
- 11:30 Did You Know... Trivia
- Lunch Outing: Greggs
- 1:30 Reminisce & Nails
- 3:00 Sing Along
- 3:45 Baseball Cornhole

- 9:45 Wake-up & Workout
- 11:00 Mini Shuffleboard
- 11:30 Word Games
- 1:30 Creative Creations
- Meditation & Music
- 2:00 Reminisce & Share
- 3:00 Behind the Story...
- 3:45 Seated Tai Chi
- Virtual Rosary

- Shavuot Begins @ Sunset
- 9:45 Morning Cardio
- 11:00 Music & Groove
- 11:30 What/Who Am I
- 1:30 Putting Practice
- Soothing Scenery
- 3:00 New York Times games
- 3:45 Throwback Exercise

- 9:45 AM Exercise
- 10:45 Scenic Ride
- Nail Care/Reminisce
- 1:30 Strategic Magnet Game
- Music & Relaxation
- 3:00 Courtyard Sing Along
- 3:45 Stretch & Stroll
- 5:30 Nightcap & Movie

- 9:45 Seated Exercise
- 11:00 Balloon Bash
- 1:45 Prize Bingo
- Soothing Sounds
- 3:00 Armchair Travel/Discuss
- 3:45 Seated Yoga
- Virtual Rosary (AP)

- 9:45 Wake-up & Workout
- 10:15 Communion w/ OLM
- 11:00 Live Music w/ Mike C.
- 11:30 Get up & Move
- 1:30 Virtual. Service (YT)
- 3:00 Virtual Travel: Japan
- Reminisce & Nails
- 3:45 Sunday Stretch

- MEMORIAL DAY
- 9:45 Morning Zumba
- 11:00 Bowling
- 11:30 Brain Games
- 1:30 Dice Games
- Music & Meditation
- 2:00 Word Games
- 3:00 Patriotic Sing Along
- 3:45 Stretch & Stroll
- Virtual Rosary

- 9:45 Wake-up & Workout
- 10:30 Music w/ Steve Lyon
- 11:30 Did You Know... Trivia
- 12:00 Birthday Luncheon
- 1:30 Scenic Ride
- Reminisce & Nails
- 3:00 Word Games
- 3:45 Residents of Faith w/ Minister Shakera

- 9:45 Wake-up & Workout
- 11:00 Live Music w/ Mike C.
- 1:30 Putting Practice
- 1:30 C.H.I.M.E (interactive handbell program)
- 3:00 Behind the Story...
- 3:45 Seated Tai Chi
- Virtual Rosary

- 9:45 Morning Cardio
- 11:00 Music & Groove
- 11:30 What/Who Am I
- 12:00 Courtyard Cookout
- 1:30 Putting Practice
- Soothing Scenery
- 3:00 New York Times games
- 3:45 Throwback Exercise

- 9:45 AM Exercise
- 10:45 Scenic Ride
- Nail Care/Reminisce
- 1:30 Strategic Magnet Game
- Music & Relaxation
- 3:00 Courtyard Sing Along
- 3:45 Stretch & Stroll
- 5:30 Nightcap & Movie

- 9:45 Seated Exercise
- 11:00 Balloon Bash
- 1:45 Prize Bingo
- Soothing Sounds
- 3:00 Armchair Travel/Discuss
- 3:45 Seated Yoga
- Virtual Rosary (AP)

- 9:45 Wake-up & Workout
- 10:15 Communion w/ OLM
- 10:30 Hymns & Snack
- 11:00 Virtual. Service (YT)
- 11:30 Get up & Move
- 1:30 Sunday Scenic Ride
- Reminisce & Nails
- 3:00 Brain Games
- 3:45 Sunday Stretch



- ### ASPECTS OF LIVING
- Cognitive
 - Musical
 - Life Enrichment
 - Reminisce
 - Health & Fitness
 - Inspirational/Spiritual
 - Social