

April 2026

The Seasons Assisted Living, Traditional Community Activities

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:30 APRIL BRUNCH</p> <p>1:35 RedSox vs Orioles (NESN)</p> <p>2:00 Skip-Bo (card game)</p> <p>3:30 Virtual Concert: (AP) Dolly Parton</p> <p>6:30 Sunday Night Movie (NF) Holiday in the Wild 2019 1:26 PG-13 Stunning African landscapes co-star with Kristen Davis and Rob Lowe Jilted by her husband on the eve of embarking on an African safari, a woman travels to the continent solo and meets an elephant conservationist.</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:15 Docuseries: Food that Built America (S5:E4) Sunshine in a Glass</p> <p>7:07 RedSox vs Blue Jays (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>11:30 Pre-Lunch Walk</p> <p>12:00 Monthly Birthday Lunch</p> <p>1:30 Crafting Circle</p> <p>3:00 Residents of Faith w/ Minister Shakera</p> <p>3:30 Welcome New Residents Pub</p> <p>6:30 Mid-Week Movie (PP) Top Gun 1986 1:49 PG The Top Gun Naval Fighter Weapons School is where the best of the best train to refine their elite flying skills. When Maverick arrive the school, his reckless attitude and cocky demeanor put him at odds with the other pilots, especially the cool and collected Iceman.</p>	<p>8:00 Dr. Golden Podiatry</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>11:30 Pre-Lunch Walk</p> <p>2:00 Town Hall/Menu Chat</p> <p>3:00 Afternoon workout w/ Danielle McKenney</p> <p>3:07 RedSox vs Blue Jays (NESN)</p> <p>3:30 Pub Social</p> <p>6:30 Mini Docuseries (PP) Willie Nelson & Family 2021 50min (E1) The 4part series explores the personal and professional life of Willie Nelson, one of the world's most beloved musicians.</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Pool table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:30 Nail Care</p> <p>3:30 Live Music w/ Rock'n Rob</p> <p>6:30 Mini Docuseries (PP) Willie Nelson & Family 2021 50min (E2) The 4part series explores the personal and professional life of Willie Nelson, one of the world's most beloved musicians.</p>	<p>May Day</p> <p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: Dollar Tree</p> <p>3:30 TGIF Happy Hour</p> <p>6:30 Mini Docuseries (PP) Willie Nelson & Family 2021 50min (E3) The 4part series explores the personal and professional life of Willie Nelson, one of the world's most beloved musicians.</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Indoor Bocci</p> <p>2:30 Saturday Matinee (PP) Legend of Bagger Vance 2000 2:06 PG-13 A disillusioned war veteran plans to play in a golf tournament and must rely on his mystical caddy to teach him both the secret of the perfect stroke and the key to mastering any challenge in life. Starring: Matt Damon, Will Smith, Charlize Theron</p> <p>2:30 Nail Care</p> <p>3:45 Pokeno</p> <p>6:15 LRC (dimes) \$0.30/game</p> <p>7:00 Game Shows</p>

May 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Dominos</p> <p>1:35 RedSox vs. Astros (NESN)</p> <p>2:00 Special Outing N.K. Community Choir (RSVP @ Front Desk)</p> <p>2:30 Sunday Matinee (AP) The Boys in the Boat 2023 2:03 PG-13 This true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight, taking on elite rivals from around the world as part of the 1936 Berlin summer games.</p> <p>6:15 Roll A Bingo</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>6:30 Mini Docuseries (PP) Willie Nelson & Family 2021 50min (E4) The 4part series explores the personal and professional life of Willie Nelson, one of the world's most beloved musicians.</p> <p>6:40 RedSox v Tigers (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Crafting Circle: Tea Hats</p> <p>2:00 Wicked Tulips Fram (RSVP @ Desk)</p> <p>3:30 Virtual Travel: (YT) Wonders of the Netherlands The Most Amazing Places (51 min)</p> <p>6:30 Mid-Week Movie (NF) Filed of Dreams 1989 1:45 PG A Mysterious voice encourages an Iowa farmer to build a baseball diamond in his cornfield, where a ghostly team of legends come out to play</p> <p>6:40 RedSox v Tigers (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Walk or Stroll</p> <p>1:30 Free Prize Bingo</p> <p>3:30 Pub & Social</p> <p>6:30 Docuseries (PP) Secrets Learn the secrets behind the artifacts of the Smithsonian</p> <p>(S2: E1) Easter Island</p> <p>6:40 RedSox v Tigers (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Pool table Bowling</p> <p>2:30 Nail Care</p> <p>3:30 Trivia</p> <p>6:30 Virtual Concert (AP) The Everly Brothers-Reunion 1983 1:14</p> <p>7:10 RedSox v Rays (ESPN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Ladies Pick out Fascinators/Hats</p> <p>11:00 Seated Yoga w/ Linda</p> <p>11:30 Ladies High Tea Luncheon (main dining room)</p> <p>11:30 Men Men's Group Luncheon (GVG dining room)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: CVS</p> <p>3:30 TGIF Happy Hour</p> <p>7:10 RedSox v Rays (NESN)</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Darts</p> <p>2:00 Live Music w/ Bouchard Trio</p> <p>3:15 Pokeno</p> <p>4:10 RedSox v Rays (NESN)</p> <p>6:30 Saturday Night Movie (AP) Risky Business 1983 1:35 TV-MA When high-school senior Joel's (Tom Cruise) parents go on vacation and leave him in charge of the house, Lana teaches him about sex and the free enterprise.</p>

May 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MOTHER'S DAY 10	11	12	13	14	15	16
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Skip-bo (card game)</p> <p>1:35 MLB: RedSox v Rays (NESN)</p> <p>2:30 Balloon Bash</p> <p>3:30 Mother's Day Special Happy Hour</p> <p>6:30 Sunday Cinema (AP) Stepmom 1998 2:00 PG-13 When a young woman (Julia Roberts) becomes romantically involved with an older man, she must learn how to mother his children from a former wife (Susan Sarandon), who is terminally ill with cancer.</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Catholic Mass w/ Fr. Brodeur</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Popcorn Pub</p> <p>7:00 Wheel of Fortune/ Jeopardy</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Crafting Circle:</p> <p>3:00 Rummikub</p> <p>4:00 Residents of Faith w/ Min. Shakera</p> <p>6:30 Mid-Week Movie (AP) Medicine Man 1992 1:45 PG-13 Dr. Robert Campbell, a brilliant scientist, races against time to find a cure against cancer. Set deep in the forbidding Amazon rain forest, Campbell is hot on the trail of an amazing discovery.</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Zumba w/ Monica</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:30 Pub & Social</p> <p>6:30 Docuseries (PP) Secrets: (S2: E2) "Great Pyramid" Learn the secrets behind the artifacts of the Smithsonian</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Pool Table Bowling</p> <p>2:00 Grief Group Pre-registration required</p> <p>2:15 Nail Care</p> <p>3:30 Live Music w/ Bob Trembley</p> <p>6:30 Comedy Special (NF) Steve Martin & Martin Short: An evening you will forget for the rest of your life</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>1:30 Shopping Trip: Dave's Market</p> <p>3:30 TGIF Happy Hour</p> <p>6:30 Mini Docuseries (NF) Our Great National Parks Episode 1: A World of Wonder From Africa's beaches to Japan's islands to Australia's Great Barrier Reef—the natural world's untamed beauty comes into gorgeous focus</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:30 Darts</p> <p>2:30 Saturday Matinee (HM) Wuthering Heights 2026 2:17 R Starring Margo Robbie & Jacob Elordi A passionate and tumultuous love story set against the backdrop of the Yorkshire moors, exploring the intense and destructive relationship between Heathcliff and Catherine Earnshaw.</p> <p>2:30 Nail Care</p> <p>3:30 UNO Attack</p> <p>6:15 Left Right Center (\$0.30/round)</p>

May 2026

The Seasons Assisted Living, Traditional Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
<p>9:15 Virtual Catholic Mass</p> <p>10:30 Communion w/ Our Lady of Mercy Church</p> <p>11:15 Seated Exercise</p> <p>1:30 Skip-bo (card game)</p> <p>1:35 RedSox Vs. Braves (NESN)</p> <p>2:30 Sunday Matinee (NF) <i>Remarkably Bright Creatures</i> 2026 1:53 (PG-13) While Working Nights at a small-town aquarium, a widow bonds with a ta clever octopus and an adrift young man in this moving drama based on the bestseller</p> <p>2:45 Balloon Bash</p> <p>3:45 Pokeno</p> <p>6:30 Roll-A-Bingo</p>	<p>9:15 Crossword Group</p> <p>10:15 Seated Tai Chi w/ Alex</p> <p>11:00 Brain Games</p> <p>11:30 Lunch Outing: Coast Guard House (RSVP @ Front Desk)</p> <p>1:30 Quarter Bingo \$0.25/card max 3 cards</p> <p>3:00 Virtual Rosary</p> <p>3:30 Popcorn Pub</p> <p>7:00 Wheel of Fortune/ Jeopardy</p> <p>7:40 RedSox Vs. Royals (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Crafting Circle:</p> <p>3:00 Book Club Discuss & Return Book</p> <p>6:30 Mid-Week Movie (AP) <i>The Whole Nine Yards</i> 2000 1:38 (R) -some language and violence- Starring: Bruce Willis & Matthew Perry A struggling dentist's life is turned upside down when a famous gangster moves in next door, and his wife convinces him to inform a notorious mob boss about the gangster's whereabouts.</p> <p>7:40 RedSox Vs. Royals (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Exercise</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Cindy Wood Garden Club Presents: Indoor Plants Hands-on Presentation RSVP @ Front Desk</p> <p>3:30 Music & Pub w/ Graham Hempstead</p> <p>6:30 Independent Table Games</p> <p>7:00 Wheel of Fortune/ Jeopardy</p> <p>7:40 RedSox Vs. Royals (NESN)</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Exercise w/ Jill</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Pool Table Bowling</p> <p>1:30 Rummykub Group</p> <p>2:15 Nail Care</p> <p>3:30 Live Music w/ Lady D</p> <p>6:30 Independent Table Games</p> <p>7:00 Wheel of Fortune/ Jeopardy</p>	<p>9:15 Crossword Group</p> <p>10:15 Morning Brain Games</p> <p>11:00 Seated Yoga w/ Linda</p> <p>11:30 Pre-Lunch Walk</p> <p>1:30 Floral Design w/ Sally Gruber (RSVP @ Front Desk)</p> <p>1:30 Shopping Trip: Marshall's</p> <p>3:30 TGIF Happy Hour</p> <p>6:30 Mini Docuseries (NF) <i>Our Great National Parks Episode 2: Chilean Patagonia</i> Encompassing 24 unique national parks, the magnificent Chilean Patagonia is rapidly becoming one of the most protected places on the planet</p> <p>7:10 RedSox Vs. Twins (NESN)</p>	<p>10:15 Coffee & Chat</p> <p>11:15 Exercise Group</p> <p>1:15 Saturday Matinee (AP) <i>Gone with the Wind</i> 1939 3:46 (NR) Starring: Clark Gable and Vivien Leigh A strong-willed Southern belle struggles to save her beloved home and find love against the backdrop of the American Civil War and Reconstruction.</p> <p>1:45 Darts</p> <p>3:15 Left/Right/Center (\$0.30/round)</p> <p>4:10 RedSox Vs. Twins (NESN)</p> <p>6:30 Docuseries (PP) <i>Secrets: (S2: E4)</i> <i>"Ark of the Covenant"</i> Learn the secrets behind the artifacts of the Smithsonian</p>